

Morawa District High School

NEWSLETTER

Issue 4, June 2017

EVENTS COMING UP

......

30 June Last Day Term 2

18 July Start Term 3

18 July Maths Wizard Competition Starts

28 July Interschool Cross Country

28 July Schools Tree Day

31 July Year 7 Camp

2-3 August Year 6 Geraldton Camp

5 August WACOA Open Day

12 August Perenjori Show

14-18 August Science Week

15 July Interhouse Athletics

16-17 August Mingenew EXPO

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Tonia Carslake

From the Principal

A perfect time for goal setting ...

With the end of term here and Semester One student reports already out, now is the perfect time for student reflection and goal setting. It's a time to think about what went right, what went wrong and how you can make next semester your best yet. Individual learning goals aim to improve each student's learning and achievement. Research indicates that students who set their own learning goals tend to achieve more than when working on goals set for them by the teacher. Learning goals motivate students to:

- •become more active participants in the learning process
- •become independent learners
- •identify what is important in their own learning
- -achieve their full potential.

Conversations between teachers and students will continue next term to ensure effective strategies are in place to support students in meeting their identified goals.

NAIDOC Week

Morawa District High School began our NAIDOC Week celebrations with an assembly in the Performing Arts room on Monday 26 June. Students will also be involved in various cultural activities throughout the week. The National NAIDOC theme for 2017 is Our Languages Matter. Highlights of this event will be included in our next newsletter. The school community is encouraged to join in our celebrations where possible.

Teach Learn Grow

We are delighted to welcome Teach Learn Grow (TLG) into our school for the final week of the school term. Seventeen tutors and two coordinators have travelled from Perth universities to tutor students from Years 1-7 in mathematics. Students are tutored one to one for two periods per day throughout the week. They are involved in interactive mathematical learning experiences which are specifically tailored to meet each student's needs as identified by classroom teachers. Our school community would like to extend a warm thank you to all involved in the TLG program. Their visits are a highlight on our school calendar and I would like to encourage everyone to make it an enjoyable one.

Cross Country Fun Run

Students across the school were treated to perfect running conditions as part of the Cross Country Fun Run on Tuesday 20 June. There were many impressive performances by many students. Competitors tested their courage and physical endurance by running a number of courses and all should be congratulated for their efforts on the day. Sincere thanks must also be extended to the Physical Education Department for their efforts in preparing students for this event and also to the P&C for their help on the day.

Principal's Report continued ...

Behaviour Management Philosophy

Improving student academic and behaviour outcomes is facilitated when all students have access to the most effective and accurately implemented instructional and behaviour practices and interventions possible. Positive Behaviour Support (PBS) is an operational framework that Morawa District High School uses to achieve these outcomes. It is a framework that allows our school to adopt and organise evidence based behavioural interventions and is a prevention-orientated problem solving approach for our school. More recently our staff attended a PBS conference in Geraldton by Dr Tim Lewis, co-founder of Positive Behaviour Interventions and Support. Our school shared our PBS journey with other schools in the Midwest network and also have identified many practical strategies that can be implemented to further improve our approach to behaviour management.

School Board

Our school is pleased to welcome our newest parent representative, Mrs Nicola Appleton. Further information relating to our School Board is also provided in this newsletter.

Digital Newsletter

Our school would like to give parents the opportunity to receive the newsletter digitally. This method is used by an increasing number of schools and is considered to be environmentally friendly and an ultra-convenient way of communication in our modern world. Parents are asked to contact the school to register — this process is very easy. Please email our school with your name and email address or contact our school office on 08 99710 900. We will send a text message next term reminding parents to register. Please inform the school office if you would prefer a print copy of the newsletter. Student reports are also now available by email and we would like to give parents the opportunity to receive them electronically next semester.

School Reports

Staff have been working on finalising each student's end of semester report. They will be ready to be sent home on Tuesday 27 June. I hope that both your child and yourself have much enjoyment in reading them and reflect on the comments provided by classroom teachers. Parents are welcome to arrange an interview with their child's teacher by contacting the school office and making an appointment. We also celebrated the achievements of students at our recent Whole School Assembly and recognised the efforts of our highest achievers in each learning area. Congratulations to all of these students.

Staffing

Mrs Baden-Powell will be taking some well-deserved long service leave at the beginning of next term and we welcome Ms Jones into the position of Secondary Deputy in her absence. Ms Jones is very familiar with this role and parents are encouraged to contact her in regards to any school matters relating to students in Years 7-9. In the meantime, we would like to wish Mrs Baden-Powell a relaxing and enjoyable time at home with her family.

Sadly Mrs Carslake will also be taking extended leave next term and I will be continuing in her role. Our school would like to extend our well wishes to Mrs Carslake and all look forward to her speedy return.

We also send Mr Vandaberg our best wishes and hope to see him back in the Kindergarten garden soon. Our thanks are also extended to Ms Brockman and we wish her all the best.

We would also like to welcome Miss Makeeli Watt into our school next term. She will be working alongside Mrs Atkinson in the Pre-primary/Year 1 classroom as part of her practicum as an undergraduate teacher from the Geraldton Universities Centre. Miss Watt has already met students during Semester One and is ready, prepared and excited to be working at our school.

On that note, all staff would like to wish everyone a safe and relaxing July school holiday and we look forward to working with everyone again next semester.

Best wishes,
Tracy Tapscott
Principal (Acting)



Our School Community Code of Conduct

Our mission as an Independent Public School is to share a commitment with parents and the community to provide a safe, stimulating and differentiated learning environment, encouraging all students to be fully engaged and motivated to excel. All students, parents and teachers have the right to be safe, and feel safe, in our school community. Our school Code of Conduct sets clear standards of behaviour and are expected from all members of our school community. They have been provided for your reference below:

Students have the RIGHT to:

- Learn in a purposeful and supportive environment.
- Work and play in a safe, secure, friendly and clean environment.
- Respect, courtesy and honesty.

Students have the RESPONSIBILITY to:

- Ensure that their behaviour is not disruptive to the learning of others
- Ensure that the school environment is kept neat, tidy and secure
- Ensure that they are punctual, polite, prepared and display a positive manner.
- Behave in a way that protects the safety and well-being of others.
- Recognise that there are consequences for their actions.

Staff have the RIGHT to:

- Respect, courtesy and honesty.
- Teach in a safe, secure and clean environment.
- Teach in a purposeful and non-disruptive environment.
- Co-operation and support from parents, students and colleagues.

Staff the RESPONSIBILITY to:

- Model respectful, courteous and honest behaviour.
- Ensure that the school environment is kept neat, tidy and secure
- Establish positive relationships with students.
- Ensure good organisation and planning.
- Report student progress to parents.

Parents have the RIGHT to:

- Be informed of course and curriculum material, behaviour management procedures, and decisions affecting their child's health and welfare.
- Be informed of their child's progress.

Have access for their child to a meaningful and adequate education.

• Be heard in an appropriate forum on matters related to the rights of their child to an appropriate education.

Parents have the RESPONSIBILITY to:

- Ensure that their child attends school.
- Ensure that the physical and emotional condition of their child is at an optimum for effective learning.
- Ensure that their child is provided with appropriate materials to make effective use of the learning environment.
- Support the school in providing a meaningful and adequate education for their child.

Dr YES Undergraduates Impressed

A group of medical undergraduates, who arrived at the school as part of the Dr Yes program, were very impressed with the behaviour of our high school students when they visited this week.

"They are really lovely," the undergraduates agreed. "They all joined in and contributed to our small group discussions and had really important things to say."

The Dr YES program is a school-based health initiative designed to help break down any barrier that might prevent young people from accessing medical care.

The volunteers visited Morawa after delivering the program at Carnamah. They left Morawa for Geraldton and Kalbarri.





PUBLIC SPEAKING WINNERS YR 10

1st—Samantha
Councillor

2nd—Darcie Parker

3rd—Danielle Letton

A Primary Focus

On Friday 26th May the Year 2/3 class hosted the primary assembly and presented a song and dance item titled 'Awesome'. This certainly was an awesome event as the students were well prepared and organised and all seemed to thoroughly enjoy presenting their item.

On Monday 19th June, we were very fortunate to have a well-known artist, Di Taylor, visit our school and work with the Year 5/6s and Year 4/5s. This event was part of a program that has been developed by the North Midlands Project. It was aimed at fostering an understanding of positive mental wellbeing and how to maintain it through art practices. It also aimed at providing students with skills to create a self-portrait and visual journal. Students in these classes were given a journal of their own to visually record their feelings. We look forward to being involved in many other events run by this organisation.

Term 2 has been very busy with the student councillors working hard with various fundraisers. Their goal was to raise money for alternative seating in primary classes and this is about to be realised. Well done to the Year Coordinators, student councillors and thank you to everyone who supported the fundraisers.

It has been an exciting term in regard to an increased awareness of being 'waste-free'. Two waste-audits, the making of reusable beeswax wraps, a poster competition, a waste-free lunch and various other classroom activities have made students aware of 'waste' and ways to prevent it.

Staff members are also doing their bit and teachers have been mindful of the amount of paper used. We have 'Waste-Free Wednesday', when staff are encouraged to avoid giving photocopied sheets to students on this day.

Term 3 is looking to be another busy term with athletics, the Year 6 camp, a music workshop, Maths Wizard and Book Week, to name a few of the planned events.

During the break, parents need to check the stationery requirements of your children and make sure they prepared with pencils, pens, ruler etc. Also, would you please check your children's hair for head lice and if needed, treat before returning. This is an ongoing problem and we would appreciate your attention to this matter. Thank you.

Wishing everyone a safe and wonderful break.

W. Glassford-Hill

Secondary Matters

High School students have had a very busy term with an emphasis on setting goals as they move to create their own future through education.

Recently, many of our Year 10's have experienced a week of work which may assist in helping them to decide the careers they may follow and the courses they need to enrol in at an Upper School level.

This week, high school students had the opportunity to discuss possible future pathways with members of the Teach Learn Grow team, who took time out to talk to them about their own pathways and the practicalities of moving out of home, studying and working part time.

The students also heard from a great team of university undergraduates who are on a road trip to talk to students about important issues they may face. The Dr YES (Youth Education Sessions) the program sends out specially trained volunteer medical students into high schools to have frank and open discussions on topics concerning youth health such as Drugs and Alcohol, Sexual Health and Mental Health. The aim of the program is to break down the barriers that may prevent young people from accessing health care.

During the holiday break our ATAR students will be busy studying for their "mock final exam" to ensure they gain maximum success in their studies.

We would like to wish everyone a great holiday!

Mike McGann and Sarah Baden-Powell, Secondary Deputies



Mind Your Beeswax ...

On Thursday 22nd of June the whole primary school made beeswax wraps.

You will need one rag but make sure it's 100% cotton! Lay a towel over the table and put some baking paper on top.

Now to the main stuff! On your rag sprinkle one tablespoon of beeswax, one tablespoon of pine resin and one teaspoon of jojoba oil. Now put the other piece of baking paper on top and use a hot iron to melt the wax so it sticks to the fabric. Once it's dry you can use it to wrap up a sandwich, but don't put it in hot water or the microwave!

Samuel Councillor, Year 5







Recycling to a "T"

In Week 8 the Year 4/5's made reusable shopping bags from old t-shirts. Here are some student thoughts about this great recycling idea -

All you do is turn the shirt inside out and cut the sleeves off. Then go to the bottom of the shirt and cut it up into frays that are two fingers wide and 10cm long. Tie these into knots and tie the knots together so stuff doesn't fall out. Turn it the right way out and you have made a t-shirt bag! — *Brian Taylor, Year 4*

Miss Smith organised for us to make t-shirt bags to use perhaps instead of having a plastic bag. It can hold good, drinks, everything! To make one you will need an old t-shirt, and cut off the sleeves. Then cut frays at the bottom and tie them all together, then turn it inside out. And you have made a t-shirt bag! It was very fun!

Keagan Burnett, Year 4





School Board Profiles...



NICOLA APPLETON

I arrived in Morawa in July 2015, following the purchase of the Morawa Roadhouse, with my husband Jamie and four children who range in age from 5 to (almost) 14. We previously lived in inner city Perth, so the move to a small wheatbelt town was a big step. We have really embraced the community spirit, wide open spaces and carefree country life that Morawa offers.

Before our move, I had worked for a number of years in marketing and international student recruitment at the University of Western Australia. Before this, customer

service team management at Scitech Discovery Centre and Hoyts Cinemas.

I wanted to join the school board because, as a mother of four children in public education, I have a keen interest in the future direction of Morawa District High School. I see great benefit in a child-centred approach, that caters to the individual learning needs of each student. This is already being practiced at Morawa District High School, particularly at early-childhood and primary school levels. I believe the small class sizes provides an ideal environment for this to occur.

For middle school, I look forward to helping to review the allocation of resources that support all our students to achieving learning outcomes that place them equal to, or better than, their peers across the state of Western Australia. At upper secondary level, a review of resources that support students towards achieving the goal of a VET or university placement, is something that I hope I can contribute to as a School Board Member.



JULIE KING

Hello, I'm Julie King and I am excited to be a member of the Morawa DHS Board and contribute to the continual development and promotion of a safer, positive and quality education.

I live east of Perenjori, and for the past thirty odd years I have been farming with my husband and family. As a teacher at Perenjori Primary School for most of that time, I have had a passionate involvement in education. Now with six grandchildren beginning their schooling in both Perenjori and

Morawa I am keenly interested in the options of their future education, particularly secondary schooling, and that of other young families in the district.

I strongly believe in keeping the family unit together for as long as possible, when options are available. I would love to see more families in the area develop faith and confidence in our local high school and in doing so feel assured in choosing the option to send their children to Morawa DHS rather than away to boarding school.

As children are younger now when entering high school, the cost of boarding fees being astronomical and given the unpredictability of the seasons, I feel all the more fervent in my role on the school Board and look forward to representing community members.

"The best day of the year"

Well, I know what you are thinking: "What is she going to write about?"

I am going to write about the **World** of **Maths** incursion. On that special day in Week 9, the primary and high school students had the best day of the year.

We all almost got an A+ from Phil by solving different math puzzles. Jamie, Brooklyn and I got an A+ by solving 'Mouse House'.

It was a fun day as we practised out problem solving skills.

Thia Garlett, Year 4







BAKE MY DAY ...

The Junior Student Councillors and House Captains hosted a bake sale at recess and lunch on Tuesday and Wednesday of Week 9.

We raised over \$280 dollars! All of the food was delicious!

Thank you to all the people who bought our delicious good and the staff, students and parents who baked for us.

Carly Ballantyne, Year 4.









2017 INTERHOUSE CROSS COUNTRY RESULTS

Age Group	Place	Name	Time	Age Group	Place	Name	Time5
5 Year Old Boys	1	Wylie Chappel	40.37	11 Year Old Boys	1	Mac Ballantyne	12.53
	2	Jaycob Twomey	41.00		2	Jacob Coaker	14.35
	3	Harvey Andrews	43.78		3	Darcy Tynan	17.39
5 Year Old Girls	1	Mikayla Scott	40.35	11 Year Old Girls	1	Isabella Tomlinson	10.00
	2	Savannah Simpson	41.34		2	Denayh Coyne	
6 Year Old Boys	1	Harry Cosgrove	3.25		3	Marget Barnes	
	2	Cameron Councillor	3.31	12 Year Old Boys	1	Josh Vanderschuit	8.38
	3	Seth Mills	3.44		2	Dylan Benson	9.51
6 Year Old Girls	1	Summer English	4.10		3	Dylan Hodder	10.38
	2	Anna Collins	4.14	12 Year Old Girls	1	Megan Letton	17.11
	3	Niamh Cowley	4.33		1	Adrianna Clayton	17.11
7 Year Old Boys	1	Rick Brockman	3.18	13 Year Old Boys	1	Matthew Bickford	9.55
	2	Damien Flanagan	3.22		2	Oliver Humphreys	15.17
	3	Caladyn Milloy	3.34		3	Dion Jefferies-Patterson	
7 Year Old Girls	1	Evie Chappel	3.35	13 Year Old Girls	1	Lauren Appleton	11.45
	2	Samantha Tomlinson	3.45		2	Emily Beauchamp	13.11
	3	Justice Steer	4.15		3	Tegan Coyne	15.22
8 Year Old Boys	1	Blayke Twomey	5.49	14 Year Old Boys	1	Jacob Traylen-Witt	12.55
	2	Paxton Denham			2	Calvin Turner	
8 Year Old Girls	1	Sophie Collins	6.16	14 Year Old Girls	1	Hayley Clayton	13.36
	2	Summer Brockman	6.24		2	Claire Tynan	17.23
	3	Iona Scott	7.31	15 Year Old Boys	1	Peter Criddle	12.49
9 Year Old Boys	1	Cameron Tomlinson	5.44		2	Kobi Little	12.50
	2	Liam Appleton	6.13		3	Seth Francis	25.32
	3	Jamie Cosgrove	6.24	15 Year Old Girls	1	Danielle Letton	24.09
9 Year old Girls	1	Carly Ballantyne	8.33		2	Darcie Parker	
	2	Thia Garlett	8.53		3	Kayla Campbell	
10 Year Old Boys	1	Michael Cowley	5.33	16 Year Old Boys	1	Matthew Vanderschuit	10.12
-	2	Clayton Dongara	5.43		2	Henry Little	12.42
	3	James Olsen	7.26		3	Harrison Matthews	22.18
10 Year Old Girls	1	Sophie Scott	7.03	16 Year Old Girls	1	Kelsey Fraser	24.24
	2	Brooklyn Richards	10.23		2	Mackenzie Matthews	

Phone: (08)9971 0900 Fax: (08)9971 1358 Email: morawa.DHS@education.wa.edu.au Office hours: 8.30am - 3.30pm

Speak up for yourself ...

The Public Speaking Competition 2017

On Wednesday 7th June, many interesting and well-delivered speeches were presented by students from Years 1 to 10. The adjudicators for the event were Mr McGann, Mrs Tapscott and Mrs Milloy and we thank them very much for their participation and positive comments to the finalists.

Once again, the quality of the speeches was high and it was fantastic to see how well-prepared and confident the students were. The winner of each year level was awarded a trophy and second and third places received a medallion.

The previous day, a staff competition was held. The speeches were all very interesting and very well presented. Mrs Knox-Atkinson, Miss Smith and Mr Hodgson were wonderful role models in the art of public speaking and we thank them for their participation. Congratulations to Mrs Knox-Atkinson who was the winner.

Congratulations also, to all students for their participation and, in particular, the finalists listed below for their wonderful speeches at the Final.





Year 5 victors



An attentative audience at the teachers' competition.



Year 8 finalists ...

Year	1st	2nd	3rd
1	Seth Mills	Billy Coaker	Felix Andrews
2	Gabby Yewers	Sam Knox-Atkinson	Evie Chappel
3	Iona Scott	Blayke Twomey	Tyler Robinson
4	Liam Appleton	Max Knox-Atkinson	Marquille Richards
5	Cooper Baden-Powell	Sophie Scott	Jaxon Carpenter
6	Isabella Tomlinson	Jacob Coaker	Corin Campbell
7	Sam McGlew	Thomas Appleton	Megan Letton
8	Jamesha Bell	Lauren Appleton	Delta Hawkins/Emily Beauchamp/Tegan Coyne
9	Trinity Denham		
10	Samantha Councillor	Darcie Parker	Danielle Letton



EAGLES CUP

On Wednesday 25 May the Year 7 to 10 students competed in the Eagles Cup (Football and Netball Carnival) in Dongara.

With the help of students from Carnamah and the WA College of Agriculture Morawa, our students fought a tough, passionate and close contest of football against Dongara District High School. Despite narrowly losing, the students displayed excellent teamwork and sportsmanship and proved themselves to be great representatives for our school.

In the netball, our students excelled and finished the day unbeaten, winning the carnival. In addition, the performances of students Danielle and Megan Letton were among other highlight— they achieved the first and third most valuable players respectively.

PEAC

During Weeks 4-7, nine adventurous students from local Midwest schools embarked on a journey back in time to visit the Mesozoic Era, to discover some exciting facts about the dinosaurs. Each session started with a quiz or warm up activity and then we launched into the day's activities. Various activities included: dinosaur classification, geological timeline, creating a dinosaur zoo, research an Australian dinosaur, dinosaur STEM activities, theories of extinction, dinosaur fossils and a workshop on how to make a dinosaur. After each session, students reflected on their learning journey and presented a summary of their learning to parents during the last session. A very busy and industrious PEAC course! The students applied themselves diligently during each session, as we travelled around to various schools. Thank you to Morawa DHS, Carnamah DHS and Eneabba PS for allowing sessions to be conducted at their school. Thanks also to the parents who reorganised their week's activities to make sure their children could attend each session.







WORK EXPERIENCE 2017

Over the past three weeks some of the Year 10 students, as part of their Enterprise and Vocational Education course, have been exploring work opportunities through Work Experience placements.

Darcie Parker spent a week at the Chapman Valley Veterinary clinic, observing surgical procedures as well as undertaking other vet related duties.

Samantha Councillor enjoyed a week at the Morawa hospital attending to patient needs and coming to grips with "office work".

Casey Desmond, Kayla Campbell and Danielle Letton had all opted to explore the world of early childhood education through placements at facilities in Morawa and Perenjori.

Each of the students have thoroughly enjoyed their experiences, as you can see from the photographs





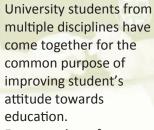
TEACH LEARN GROW

TERM 2



This week, 17
enthusiastic volunteer
tutors from Teach Learn
Grow (TLG) came to
Morawa District High
School and provided one
-on-one mentoring and
tutoring to some of our
students.

TLG is a not-for-profit organisation that sends over 230 volunteers, biannually, across WA to help make a difference in the existing educational disparity between rural and metropolitan schools.



For a number of years, we have also participated in the TLG eMentor program, which provides mentorship to

some of our students. With the help of sponsors ECU, IGO and TransWA, TLG has encouraged students to



reach their own

sharing stories at the upper school careers information session, community events at the Golf and Lawn Bowls Club and sport with the local agricultural school students.

They'd like to thank all our students for being such great sports, and can't wait to see you all next time!





academic potential. So what exactly have they been doing this week? Primarily, they have been mentoring and tutoring some of our students in mathematics outcomes. The maths they have been working on has been recommended by their teachers, and will complement their classroom learning. TLG tutors are encouraged to be flexible in catering for the specific needs of each student. In addition to this, the tutors have also been involved in activities such as sport with the kids, group tutoring, assisting and participating in the school Talent Show,





helping with

Breakfast Club and a NAIDOC week breakfast,

BAND CAMP 2017—GERALDTON



The Senior Band students have just returned from a very enjoyable and successful Band Camp in Geraldton. They were accompanied by Helen Walter and Fran O'Neill, who had just as much fun as the kids. Activities included a visit to the HMAS Sydney Memorial where students had to find the names of the ship's 12 Bandsmen on the Wall of Remembrance and dinner at Hogsbreath followed by a rehearsal with the Geraldton City Band. (Thanks Les and the band for your welcome and supper afterwards). Next day was rehearsal followed by Camp School activities of building catapults in teams and competing to see who could fling their objects the furthest. Archery was a hit after lunch, this was followed by some retail therapy and the movies in the evening. Mini Golf under floodlights and Spotlight Chasey finished the day. On the final day the band travelled to Yuna to perform a concert for the primary school students from Yuna, Binnu and Chapman Valley. It was a fabulous and interactive performance by our band students included demonstrations instruments. Students from the audience conducted the band, which played a variety of band pieces including movie themes, pop songs, marches, and a musical fairy-tale. Three members of the Geraldton City Band joined us for the performance and we thank Rhys, Mary and Rob for their participation and support. Afterwards the primary students had the opportunity to try out an instrument - cornet, trombone, baritone and drums. They loved it! Special thanks to Sarah, Lauren, Trinity and Danielle for their patience and willingness to help with this very busy activity. Morning tea and lunch was provided by the Yuna P&C thankyou! We played soccer on the oval with the Yuna and Morawa students before heading home. A fabulous and very worthwhile experience. Thanks everyone!











P & C Association Parents and Guardians

HELP!

Our Interhouse Athletics carnival will be held on the 15th of August.

We are chasing as many people as we can to help set up on Monday, August 14 from 3.30pm down at the footy oval.

If you are able to assist with the setup of the carnival or on the day, please contact Haylie Cosgrove on 0427 734 004.

Any help would be hugely appreciated!





Felix Andrews, Stanley Winmar, Billy Coaker, Layla Lewis, Mikayla Scott, Sophie Lawrance, Jacob Haeusler, Jaycob Twomey, Wylie Chappel, Blake Appleton, Harvey Andrews & Nicholas Brown



Friday 21 July is an important date in your child's education

Families need to apply to enrol their children in a public school for 2018 if they are:

Starting Kindergarten – 4 years old by 30 June 2018

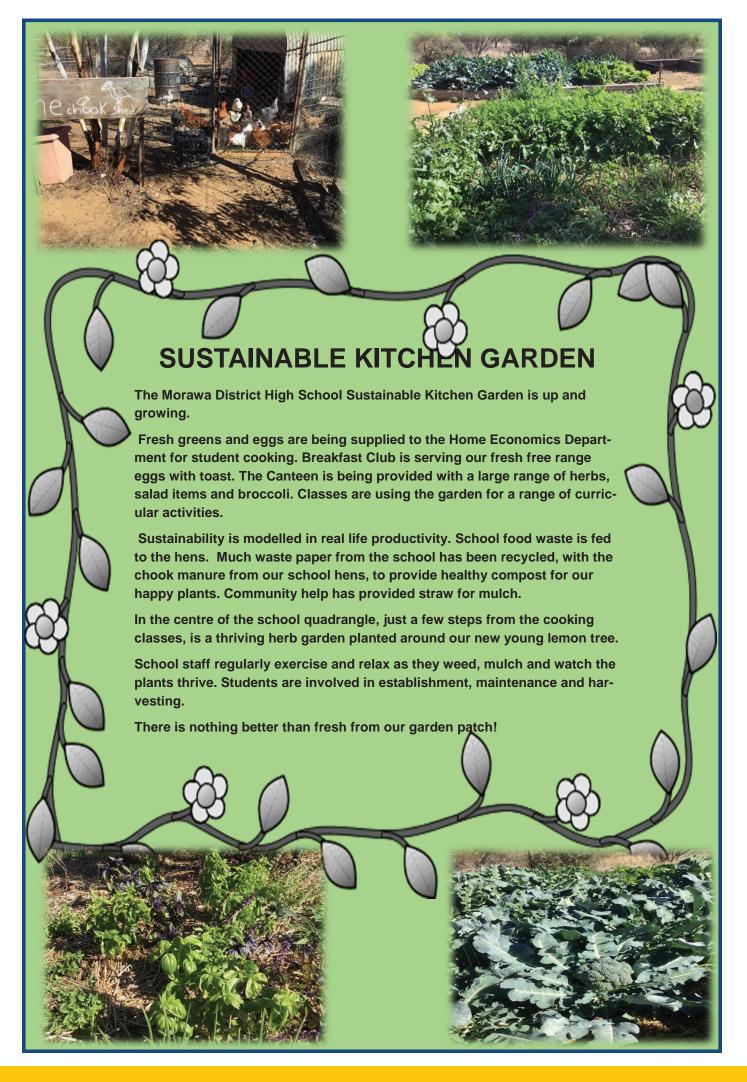
Starting Pre-primary (first year of compulsory school) – 5 years old by 30 June 2018

Starting Year 7 (first year of secondary school)

Changing schools.

All children from Pre-primary to Year 12 are guaranteed a place at their local public school.

To apply to enrol your child, visit your local school by Friday 21 July 2017. For more information or to find your local school visit education.wa.edu.au.



parenting * ideas

insights



Building self-esteem away from the screens

By Martine Oglethorpe

As so much of a young person's social world revolves around their online feeds and connections, it is no wonder that 'likes' and comments have become a social currency and a reflection of where young people see themselves amongst their peers.

Whilst social media has the ability to ignite a flourishing self-esteem with glowing comments, hundreds of likes and thousands of followers, it can also have a negative impact. A lack of likes, followers or comments, or even just a small number of nasty or negative comments, can do irreparable damage to a struggling self-esteem.

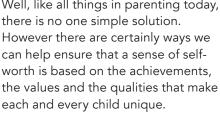
In addition, because many of the social networks kids are using centre around the sharing of visuals, this can lead to an over representation of aesthetics as the yardstick of popularity. Instagram, Snapchat and musical.ly are some of the popular networks right now and all are based on photos, video and performance. Which is all well and good if you have a good sense of who you are and are not relying on the feedback from these networks to decide your worth. But for many, putting themselves out there can mean they open themselves up to judgement and even ridicule.

And even if they get hundreds of likes or lots of lovely comments, it is often the one nasty one they remember the most.

We need kids to know they are worth more than their likes and followers. We need them to know their sense of self is not based on what others, and even strangers, may think of them.

But how do we do that in a world that sees kids so attached to their screens and their online social connections?

Well, like all things in parenting today,



Build their independence and resilience early

From a very early age, provide them with opportunities to build their independence, have responsibilities, learn to fail, make mistakes and problem solve when things don't to go to plan. These skills will become invaluable in a world that sees constant comparison and the inevitable negative interactions of the online world.



parenting*ideas

Building self-esteem away from the screens

Stay relevant

Don't resort to the "in my day we...". We may well reminisce about the more carefree days where we got to switch off and hangout with mates in the neighbourhood oblivious to what the rest of the world thought of our latest picture. But that's not particularly relevant to our kids today. And shutting down their account. turning off their computer and walking away from social media altogether is really not an option for most. Be sure your kids know that you understand the role the technology plays and the challenges they face. That way you put yourself in the best position to have the right conversations and put in place the right boundaries.

Provide other role models and community Getting involved in outside

pursuits and interests away from the screens can help them form connections with other parts of the community. Coaches, youth leaders and other role models can all play a part in mentoring a child about the importance of balance whilst reminding them that there is a life beyond the screens.

Give them opportunities to help There is no better way to feel better about oneself than to feel useful. Helping at home, helping in the community and volunteering can be great ways for kids to build self-worth away from the screens. It may be helping coach some kids at the local sports club or getting involved in a cause or issue that matters to them. This will give them a sense of purpose that revolves around their actions and their input and not just what others perceive about them.

Family rituals

Regular meals and time where no devices are present can be crucial to providing the stability and security young people need. Mealtimes have been proven to be an effective way of letting kids know they always have a place that is familiar, secure and unconditional. This may not be a reality for every family every night, but trying to incorporate any sense of ritual into a family, especially one where screens are not involved, will certainly provide a positive impact.

We know that the technology and the devices are going to continue to play a huge role in the social and emotional lives of our children. Therefore we need to ensure that we are doing all we can to give them a balanced, true and positive view of themselves that continues to flourish both in real life and online.



Visit our website for more ideas and information to help you raise confi dent and resilient young

people.





Martine Oglethorpe is a speaker, counsellor and educator with a passion for building resilient kids in a digital world. Devices and the online world will continue to play an increasing role in the lives of our families for much of their information, education, entertainment and socialisation. It is imperative therefore, we have the skills, understanding and strategies to help them navigate the challenges and make the most of the opportunities that the technology has to offer. Martine is available for student workshops focused on positive online behaviours, for teacher professional development on how the digital world affects what happens in the classroom and for corporate and parent information sessions. If you would like to book Martine for a presentation or to get more ideas on dealing with the digital world then head to her website themodernparent. net. Contact details: info@martineoglethorpe.com.au themodernparent.net facebook.com/themodernparent

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Cake Stall



The MDHS Brass Band Committee are having a cake stall, sausage sizzle and raffle *starting at Bam* in the main street on

SAT 22 JULY

As we are a small committee, if any community members would like to help us out in the way of donations of cakes, eggs, conserves, chutney etc to help us in our fundraising it would be most appreciated!

A colourful taste of things to come ...

Students across the school were introduced to the traditional skills of basket weaving as part of this year's NAIDOC activities. Art Teacher Mrs Veni Inbaseelan learnt the skills at a workshop with the Tjanpi Desert Weavers in Kalgoorlie. Mrs Inbaseelan said all of the students enjoyed the project so much that they asked for the opportunity to complete their baskets in Term 3! More information and photographs of our NAIDOC activities will feature in our next Newsletter and also on our website.



2017 Contributions & Charges:

Outstanding student statements were sent home with reports this week.

Thank you to the families who have paid their Contributions & Charges this year. Contributions & Charges assist the school in providing comprehensive learning programs for all students and are an important part of our financial structure.

A reminder that Year 11& 12 courses are deemed as charges and payment is compulsory. Settlement of accounts at your earliest convenience would be appreciated.

Payment Options

Fees may be paid by the following methods:

- cheque or cash
- · credit card with MasterCard or Visa
- direct deposit to the Morawa District High School Headmasters Trust Account Bankwest

BSB: 306-024

Account Number: 4176384

Cheques should be made payable to Morawa District High School

If you would like to discuss a payment plan please call in to the school or phone the front office on 99 710 900.

Thank you. Linda Jenkins Manager Corporate Services

Phone: (08)9971 0900 Fax: (08)9971 1358 Email: morawa.DHS@education.wa.edu.au Office hours: 8.30am - 3.30pm



WHEN:







vant to improve your chances at this years school athletics carnival? Want to gain some distance on your competitors?

SPORTERS Athletics July School Holidays Workshops—3 Sessions HOW:

Geraldton Little Athletics Centre WHERE:

Pass Street, Geraldton (Behind Aquarena)

Mon 3rd, Tues 4th & Wed 5th July, 2017

School Grade1-6 9am-10:30am & Grade 7-12 1:30-3:30pm

COST: \$45 (3 sessions) or \$15 per session per athlete

Running shoes, Hat and Water Bottle **ESSENTIAL:**

REGISTRATIONS: Email: committee.glac@gmail.com (see other side)

In Person on Friday 23rd 4:30-5:30, Sat 24th 10-11am June (cash only) at

Geraldton Little Athletics Centre

QUERIES TO: Lynette 0427213721

GET IN QUICK LIMITED NUMBERS

Proudly supported by

WHAT ARE YOU

DOING THESE JULY

SCHOOL HOLIDAYS?

& Geraldton Little Athletics Centre

North Midlands Agricultural Society

2017 Children's Art Exhibition

The North Midlands Agricultural Society invites you to participate in the

Children's Art Exhibition

15th - 19th September 2017 Camarnah Town Hall

Entry Form & Conditions

This competition is open to all North Midlands children from Kindergarten up to and including Year 6.

(High School students may enter the Junior Section of the main Art Edilbition. Please contact the Edilbition Coordinator for a separate entry form.)

LANDMARK

Prizes have been generously sponsored by: NMAS and Doust Agri-Services

Age Groups and Sections:

Group KP: Kindy and Pre-Primary

KPD Drawing

KPC Craft Here

KPT Theme: Bushrances

Group 123: Years 1, 2 and 3

123P Painting Section:

123D Drawing

123C Craft Bern

Group 456: Years 4, 5 and 6

456P Painting 456D Drawing

456C Craft Bern

495T Theme: Bushrangers

DIARY DATES

ARTWORK & ENTRY FORMS DUE

lease deliver to Carnamah Shire Office by 9am Monday 11th September 2017

EXHIBITION OPENING NIGHT

(adults only please) 6.30pm Friday 15th September 2017

EXHIBITION ON DISPLAY

Saturday 16th – Tuesday 19th Sep 9.30am – 4.30pm daily

2017 BUSHRANGER THEME

This year's theme, Bushrangers, has been chose to coincide with Di Taylor's work on local Bushranger Frank Thomas. Di Taylor is an artist in residence at the Bank Gallery Space in Carnamal You might like to research Frank Thomas in your classroom or at home.
Other places to look for inspiration are Ned Kelly

and the Kelly Gang and/or Australian artist Sidnev Nolan

Art Exhibition & Sale 15-19 September 2017 Carmannih Town Hall



Free Two Day Workshop for **Parents and Carers**

Geraldton

Positive Partnerships is coming to a location near you!

Join us for 2 days of learning with other parents and carers of school aged children on the autism ned to help you foster productive school, family and community relationships to vide the best kind of support for your child. Our workshops are for parents, carers and erandparents wanting to understand more about autism and learn practical strategies using evidence based resources to help maximise their young person's learning

What will you gain by attending this workshop?

- An incressed understanding of the impact of autism
 Thirther knowledge about how to develop effective partnerships with your school Information to help you access further support both inside and outside of school
 An opportunity to be part of a support retweek where you can share strategies and experiences with
- ming tool that can be used to share key inform

Workshop details

Geraldton Golf Club

30 Pass Street Geraldton WA 6531.

Tuesday 22 and Wednesday 23 August 2017 9.30 am – 2.30 pm (Registration from 8.45 am)

Register Online: positivepartnerships room au Registrations open Tuesday 11 July 2017 and close one business day prior to the workshop. Register early as places are limited?

If you are not able to register online please call the Positive Partn

Infoline : 1300 881 971 or email parentrarer@autismspectrum.org.au



WEEK	MON	TUES	WED	THURS	FRI	SAT/ SUN
1	Jul 17	18 Students return Maths Wizard Competition begins	19	20	21	22/23
2	24	25 Year 6 Car Wash Fundraiser	26	27	Interschool Cross Country Schools Tree Day	29/30
3	31 Year 7 Camp→	Aug 1	2 Year 6 Geraldton→ Camp	3 →	4	5/6 WACOA Open Day
4	7	8	9 Primary Council Fundraiser Soup Day	10	11	12/13 Perenjori Show
5	14 Science Week→ Primary Council Fundraiser Winter Raffle Draw	15 → Interhouse Athletics	16 → Mingenew EXPO	17 → Mingenew EXPO School Band Playing	18 → Country Week Car Wash Fundraiser	19/20

Grounds and Security: Parents are asked to remind students that the school grounds are out of bounds out of school hours. In the event of vandalism, please report to School Watch on 1800 177 777 or the local Police on 99 601 666.

MORAWA DISTRICT HIGH SCHOOL BUSINESS PLAN 2016-18

Vision

Morawa District High School is held in high esteem and considered as the region's high school of choice, providing a strong and sustainable education for the students, families and communities in the district.

Mission

Morawa District High School is an Independent Public School which shares a commitment with parents and the community to provide a safe, stimulating and differentiated learning environment, encouraging all students to be fully engaged and motivated to excel.

