



An Independent Public School

Morawa District High School

NEWSLETTER

Issue 2, April 2019

KEY DATES TERM 2 2019

29 April
Students Return

13-24 May
NAPLAN

25 May
School Ball

31 May
Primary Assembly

17 June
Public Speaking Competition

1 July
Year 10 Work Experience

5 July
End of Term 2



Tonia Carslake

From the Principal

Great start to the school year!

Dear parents, guardians and students,

Welcome to the second newsletter for the year. We have enjoyed a smooth start to the school year and it seems astonishing that we have nearly completed first term. The past few weeks have been an enjoyable whirlwind of swimming carnivals, excursions, incursions, assemblies and academic and personal learning for students. We wish to thank all our parents and the wider community for supporting our school to ensure all students have made a fantastic start to the year. We are delighted with the number of students wearing full school uniform and displaying high standards of work, attitude and behaviour. We are also excited to have an increase in student enrolments this year.

P&C THANKS - MDHS/ WACOAM INTERHOUSE SWIMMING CARNIVAL/INTERSCHOOL SWIMMING CARNIVAL

The Interhouse Swimming Carnival was held in Week 7 at the Morawa Town Pool. This was a very successful event. Congratulations to Sapphire for winning the House Shield and District Diamonds for winning the Secondary School Shield. Congratulations also to those students who were champions or runner-up champions on the day and to all record breakers.

Thank you to Miss Jane Pearson, PE Teacher / Carnival Coordinator and Mrs Haylie Cosgrove, P&C President / P & C Sports Rep for the organisation of this event. Thank you also to the P&C, MDHS and WACOAM staff, parents and volunteers for their support on the day; the Shire of Morawa Pool Manager, Sandy Reardon for the use of the beautiful facilities; and the Morawa Swimming Club for the use of their Dolphin timer and equipment. Well done to all involved on a very successful carnival. The Interschool Swimming Team had just as much success at the Interschool Swimming Carnival at Carnamah with several of our students recognised as champion or runner up champion. This event was held at the Carnamah town pool on Friday 29 March, competing against students from Dongara and Carnamah District High Schools. Carnamah DHS won the overall shield and the handicap shield. Thank you to those parents and staff who supported the team at this event. Please see inside the newsletter for the final results.

PUNCTUALITY AND ATTENDANCE

Congratulations to those students who received awards at the primary and secondary assemblies, and the whole school assembly today, for 100% attendance this term. It is important that all families send their children to school every day, as repeated absences without an explanation are not acceptable. A number of students are also coming into school after the morning bell which is disruptive for the teacher and the other students within the class. I seek parent support to ensure students are in class before the bell at 8.40am. This enables them to fully participate in all aspects of the teaching and learning programs. All students who are not at school by 10am are recorded as absent and parents or legal guardians will be sent a SMS message at 10am. We ask that all families have updated their contact details so that we can send out the message to the right contact person. I ask that parents advise the school if your child is absent before 10am if possible explaining why your child



KPP getting ready for the Easter hat parade

Endeavour & Achieve

We are on track to improving our attendance rates this year and wish for all families to send their children to school every day, except if they are unwell. Holidays out of school time are not supported by the Department of Education Policy and I ask that families plan trips away during the holiday breaks.

If students miss one day of school every fortnight, by Year 9 they will have missed a whole year – every day counts. Please support our school to ensure your children meet this requirement. We cannot teach your child unless they are here and, YES, they do fall behind when they are absent!

NAPLAN ONLINE

The National Assessment Program – Literacy and Numeracy (NAPLAN) is an annual national assessment of students in Years 3, 5, 7 and 9. This will be the first year MDHS students complete this online. All students are expected to participate in the testing unless they have applied for an exemption. Please contact the school for further information in regards to exemptions and withdrawals. Students will be assessed in language conventions (spelling and grammar and punctuation), writing, reading and numeracy. The tests are scheduled for Tuesday 14 May to Thursday 23 May. All schools across Australia must complete the tests on the same days. If your child is going to be absent on one of these days or if have any queries or concerns regarding your child's participation in the assessment, please contact the school. Catch up testing will occur over the 9 days. You can get more information on the NAPLAN testing process by: accessing the NAPLAN website (nap.edu.au) and the School Curriculum and Standards Authority website (scca.wa.edu)

BEHAVIOUR MANAGEMENT & EXPECTATIONS

Our school motto is Endeavour & Achieve. We have high behaviour expectations and promote positive behaviour choices at all times, striving to achieve our school motto. The brochure included in today's newsletter, outlines the process we use to manage student behaviour. We ask that parents be aware of the process and support our focus on promoting behaviour choices in and out of the classroom. Our expectations are Respect, Responsibility and Achievement and we teach these expectations to our students in the classroom and whole school level using these words. Dojo points [house points] are awarded to students when they display the expected behaviours which are also modelled at school assemblies.

- Be Respectful – Follow all staff instructions promptly and politely, speak and act courteously and use good manners e.g. saying good morning and good afternoon, using please and thank you, taking turns to talk during discussions, support and help others, acknowledge the other's achievements, move promptly and quietly between classes, be an active listener, use respectful language, wait your turn and be patient with others, effective listening, actively listening to others, showing positive sportsmanship, allow others to complete their work, treat others with fairness, kindness and respect and how you would like to be treated, be considerate of other people and their space.

- Be Responsible - Be neat, tidy and wear school uniform, be punctual and prepared, complete all set tasks to the best of your ability, care for your personal and class equipment, stay focused on your learning activities, play and eat in designated areas, walk on paved areas and verandahs, return sports equipment after use, wear hats outdoors, keep our school clean and always place rubbish in the bin, say no to bullying, following the rules of the game.

- Strive for Achievement - Follow our school expectations, attend school on time and regularly, strive to do your best. Be an active participant, set and achieve personal and academic goals, work is neat and tidy, resolve conflicts positively, recognise and accept differences, model appropriate behavior, persevere when faced with challenges.

Please make time over the holiday period to reflect and talk with your child about how they are going at school, both in and out of the classroom. For those who have fulfilled their goals they set at the start of Term 1, it is time to set new ones before next term.

VIOLENCE IN SCHOOLS

We believe every child has the right to be safe at school. We provide learning environments that foster good behaviour and respect for your children and those around them.

Fortunately, most students attending public schools in Western Australia are able to learn in safe and supportive environments. At times, though, some students can be physically aggressive. This is never acceptable as it can cause psychological and physical harm to those involved, as well as disruption to teaching and learning.

The State Government has released a statement to address violence in schools. It sets out 10 actions to help school staff, families and communities work together on this complex issue. Programs and resources will be available for parents to support their children to maintain positive behaviour at school. A copy of the statement is available on the Department's website at education.wa.edu.au.

It is important to understand that these changes focus on students who have intentionally been physically aggressive towards others. Students with a disability who either cannot manage their behaviour or do not intend to harm others are not the target of this plan.

As parents, you also play a vital role. Your children benefit from you modelling and rewarding positive behaviour. I look forward to your ongoing support to keep our school a safe place for all.

MOBILE PHONES

Just a reminder to all parents and carers that mobile phones are not permitted at school, in classrooms or the playground due to privacy issues. They need to be turned off in school bags or handed in at the office each day, where they are stored for the duration of the day and handed back at the end of each day. Student's phones are confiscated if they are seen and returned at the end of the day.

HARMONY DAY / BULLYING NO WAY DAY

What a wonderful celebration we had with the celebration of diversity in our school on Wednesday Week 8 with students participating in a range of activities throughout the day and attending the Harmony Day assembly, where we celebrated the diversity of our school. Thank you to Miss Nadia Katona and all staff and students for a fabulous and rich day. During week 6 classes focused on Saying No to Bullying and Violence, with students engaged in a variety of activities to help them say no to bullying and give them strategies to deal with it if it does occur. We do not tolerate bullying at Morawa District High School. What is bullying? Bullying is the misuse of power to target an individual or group to intentionally cause embarrassment, pain or discomfort. It can be:

Physical: (hitting, kicking, pinching, pushing, tripping and biting)



Verbal (put-downs, insulting language, name-calling, swearing, racist or sexist comments)

Cyber (text messages, email, websites, instant messaging)

Psychological (threats, gestures, blackmail, manipulation)

Relational (ostracising others, spreading rumours, threatening to share personal information)

BULLYING MAY ALSO INCLUDE STUDENTS WHO MAY NOT BE DIRECTLY INVOLVED IN BULLYING BUT ARE A BYSTANDER.

HEAD LICE

A reminder once again to regularly check your child's hair for lice as there has been numerous cases of head lice reported across the school this term.

The school recommends that you check for head lice every Friday evening so that any problems can be treated over the weekend.

Please find below the link to the Head Lice Fact Sheet that you might find useful.

https://www.healthywa.wa.gov.au/Articles/F_I/Head-lice

SPELLING BEE

The annual Spelling Bee final competition was held on Tuesday 9 April in the Performing Arts Room for students from year 1-9. The spelling bee provides a fantastic opportunity for students to participate in a spelling competition that helps improve their understanding of the English language. It also improves their literacy by refining their spelling, comprehension, and communication skills. It was so great to see students' self-esteem, confidence, and interpersonal skills grow throughout the competition. We look forward to seeing our students shine at this event. Thank you to Mrs Glassford-Hill for coordinating this event.

SCHOOL BALL

The Annual MDHS and WACOAM School Ball will be held in Term 2 on the 25 May. The theme for this formal event is "An Enchanted Forrest". Tickets will be on sale for \$40 early next term. More information will be distributed closer to the date.

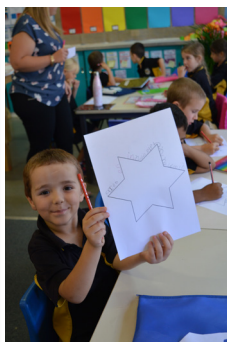
ANZAC ASSEMBLY

Finally we would also like to invite the school community to our ANZAC service, to be held at the school on Friday 12 April at 9:30am. This will be followed by morning tea to be held in the staffroom at the conclusion of the service.

We hope that everyone has a wonderful holiday and look forward to seeing students return to school on Monday 29 April.

Kind regards

Mrs Tonia Carslake
Principal



Primary Focus

The year has begun well for students and staff and we take this opportunity to welcome all new families to our school. We believe in keeping the lines of communication open and encourage all parents to contact classroom teachers as soon as possible with any concerns so that they may be addressed promptly.

Our thanks must be extended to Nicole Durant and Selwyn Mutter for their efforts in teaching students in Pre-primary to Year 7 as part of Interm Swimming this year. The program has run from Tuesday to Thursday until the end of Week 6. Sincere thanks also to Sandy Reardon and the Shire of Morawa for their help in enabling the program to continue again this year.

Students in Year 1/2 must be congratulated for the Primary Assembly held in Week 4. Two performances by the class delighted the audience. Congratulations also to all recipients who received honour certificates.

Our student council is being led by Miss Nadia Katona this year and already students have been actively involved around the school and doing an excellent job in their particular roles. All Year 6 students also play an important role in leading the school as role models for the rest of the primary school. We encourage all students to follow our behaviour expectations of respect, responsibility and achievement. The school thoroughly enjoyed the activities associated with Harmony Day which were organised by Miss Katona.

All students commenced the year with an attendance target of 92% in Term 1. Our student council have announced that the reward for Term 1 will be Easter rotations. Congratulations to all students who have been invited on Friday. Letters will be sent home about new targets for Term 2. Students with 100% attendance for the week are also recognised weekly. All students are encouraged to Make Every Day Count and come to school everyday.

Students in Pre-primary have been involved in PIPS assessments at the commencement of the school year, while Pre-primary to Year 2 students completed on entry assessments at the end of Week 6. Information has been shared with parents about how their child can be supported at home to help meet their educational goals. Please contact the school if you have not received this information.

Thank you to those parents who attended our Parent Information sessions during Week 4. Information discussed by classroom teachers has been emailed to interested parents. If you would like a copy, please contact the school office and we can forward a copy to you.

Students from Pre-primary to Year 8 also enjoyed the World of Maths incursion this term. Photographs have been shared in this edition of the newsletter.

Twelve fortunate students have been selected to take part in Teach Learn Grow's eMentoring program this semester from Years 5/6. More information about this program has been included. Parents have been notified if their child is taking part as a mentee or reserve.

It is with pleasure that we welcome Charles Darwin University practicum teacher Sue Zenni into the Year 1/2 classroom for the last four weeks of term. She has been working alongside Miss Katona in Room 13.

Thank you to all parents for their efforts in coming through the school office to collect students during the day and when

delivering lunches etc. to students. We aim to keep our students safe at all times.

School lunches need to be appetising, nutritious and convenient to eat. Thank you to parents for your efforts in helping provide students with a healthy and satisfying lunch. Suggested lunch box ideas include a drink bottle (clearly labelled with your child's name) with water only (no need for juice, cordial or soft drink); morning tea – suggested foods include fruit, vegetable sticks, cheese, crackers and nutritious snacks; and lunch – suggested foods include sandwiches, salad wraps etc. The canteen is available on Tuesday, Thursday and Friday.

Students from Years 1-6 now have access to LexicaCore 5 and Mathletics. Please contact your child's teacher if you are yet to receive your child's login details. Opportunities to access these resources are also available before school on Tuesday and Thursday mornings in Computer Lab 5 as well as at home.

The Kindergarten and Pre-primary Easter Hat parade was a great success last thursday. Students delighted everyone with their performances. Many parents supported this event and celebrated the end of term with staff and students.

Finally, our much anticipated Spelling Bee took place on Tuesday. Well done to all winners, and thank you to Mrs Glassford-Hill for her efforts in coordinating this event.

Kind regards
Tracy Tapscott
Deputy

Secondary Matters

Writing Towards Graduation

The group of Year 10, 11 and 12 students who were a little apprehensive when they entered the room to complete the writing section of their OLNA tests last week were soon all smiles once they began to respond to the set tasks. Most test candidates said they were happy with the topics and had been creative in their responses, including one who said she had written about meeting Prince Harry when asked to describe an important moment in her life. The OLNA activities are online literacy and numeracy assessments designed to enable students to meet expected literacy and numeracy standards. The Reading and Numeracy tests will be conducted over the next few weeks.

Table Tennis Anyone?

About 50 high school students and teachers will be participating in a table tennis tournament over the next two weeks. Sports Power have kindly donated a \$50 voucher for the winning participant and a \$20 voucher for the runner up. Matches will be run on a "knock out" basis consisting of one set to 15 points. Special thanks to Teagan Parker and Emily Beauchamp for organising the event. Visiting teacher, Mr Rentoule, is a real enthusiast for the sport and is looking forward to taking on all comers!

Morawa Students Reach For The Stars!

Students from Years 3 to 12 took part in an exciting range of activities in the last week of term when teams from Aspire UWA and the International Centre of Radio Astronomy Research to raise student aspirations for tertiary education and promote courses of study and careers in astronomy and science. The students thoroughly enjoyed the activities which included

games of career snakes and ladders, exercises about light pollution and experiments to prove that telescopes are not just for night time!

Flying High

Three Year 11 students will fly to Perth early next term to take part in Aspire UWA's university options camp. The camp is designed to raise student aspirations for tertiary education. It also gives students a taste of university life and the chance to meet peers from other Mid-West schools and participate in activities linked to a career field of their choice. The camp is free. Its aim is to promote a culture of academic achievement and a desire for learning and to encourage students who might not be considering university as an option to see the benefits and opportunities that university study offers.

T. McGann

2019 Contributions & Charges

Students from Kindergarten – Year 8 will have received student statements outlining contributions and charge requests for this year. Thank you for your patience while options and subject selections were finalised for the middle and upper school students. The early payment discount will be extended until the end of first term.

Thank you for payments received to date, your support is appreciated as the school relies on the collection of contributions and charges to assist in supplying your children with the best possible materials and resources.

In Western Australia the cost of schooling a student in a public school has not increased since 2003.

As approved by the School Board, Morawa DHS asks \$60.00 for students in Kindergarten to Year 6 and \$235.00 for students in Year 7 to 10 for the school year.

Senior School Courses

The School Education Act 1999 states that charges apply to all Year 11& 12 courses and payment is expected. Morawa DHS makes every endeavour to keep course costs to a minimum to ensure maximum participation.

Certificate Courses Studied at WA College of Agriculture – Morawa (WACoAM)

It is wonderful that the school can offer our students a range of work ready Certificate courses that count towards WACE attainment to study through the school campus and offsite at WACoAM. These courses are high cost electives and parents need to be aware that payment is required, in the case where students have elected to study Certificate courses through WACoAM the school is billed by the college for these courses and the school needs to recoup these costs from parents.

School of Isolated and Distance Education (SIDE)

Course fees collected by the school for students enrolled in SIDE subjects are paid directly to SIDE and early payment is

appreciated. The school charges an amenities fee to cover the cost of stationery, photocopying, postage and the provision of technology

Where do contributions and charges go?

The contributions and charges paid by parents and caregivers are budgeted to purchase consumable items used directly by



the students.

Some examples include: ingredients in home economics, printed and electronic materials, photocopying, art materials, timber, metals and consumable tools, consumable sporting equipment and text books.

Who should pay?

Given that all students benefit from the pool of collected fees, it is fair to expect that all parents should pay the balance of contributions and charges. Parents of students who choose the more expensive option subjects need to consider the costs during the subject selection process.

Payment Options

The school understands that the payment of school contributions and charges can be a burden for families. Part payments, early payment discount, deferred payments and credit card debits are all available to support parents experiencing difficulties.

Collecting Contributions & Charges

The school will take a positive approach to collecting contributions from parents and caregivers of students in Years in Kindergarten to Year 10. In particular, the school will highlight the benefits to students if all parents meet their contributions. With respect to charges for Years 7 to 12, the school will actively seek full payment of charges where appropriate.

If you would like to organise a payment plan, please contact the Manager of Corporate Services, Linda Jenkins to arrange.

Payment of Accounts

Fees may be paid by the following methods:

Cheque, cash, credit card or direct deposit to

Morawa District High School Headmasters Trust Account

BSB: 306-024

Account number: 4176384

ANZAC Day 25th April 2019

The Senior Band will be performing civic duties during the school holidays for the Anzac Day services at Morawa and Perenjori.

Permission notes have been sent home with students and it is hoped that many of the students will be available for this important commemorative occasion. Please return the permission slips ASAP.

If your child is able to attend the Perenjori Anzac service they will need to meet at the **Performing Arts Room at 7.15am, ready to leave on the bus at 7.30am sharp.**

Full uniform is required.

On our return we will meet at the **Morawa War Memorial at 10.15am** to assist with setting up chairs and stands, before moving to the **Post Office corner by 10.30am** with instruments and music ready for the march to the War Memorial.

Mrs Helen Walter

District Education Office School Visit

To students, Staff and the morawa community, I would like to introduce myself. My name is Emma Hazelton from the District Education Office. My job as Participation co-ordinator allows me to work with children to support with their journey through school and assist with strategies for future career pathways.

I have been fortunate to meet and speak with some pretty amazing children at Morawa DHS, thank you for making me feel welcome and share some local knowledge of the area. How lucky am I to go visit Leroy Severtson's family farm, Leroy told me about Honeybun his pregnant dairy cow.... Isn't she just the cutest!!! Leroy and his family showed me around and gave me an insight of how busy farm life is. I instantly fell in love with Miss Fiona the donkey, she is a beautiful gentle soul. I hope to meet more of the students of Morawa DHS when I return to Morawa.



Resume Ready ...

A group of Year 11 students were delighted this week when they received their certificate presentation folders for completing a Certificate I in Information, Digital Media and Technology at the end of 2018. Pictured are Calvin Turner, Jacob Traylen-Witt, and Nellie Humphreys with Mrs Inbaseelan, who said was delighted with the students' work efforts and was pleased that many of last year's Year 10 students had enrolled in the Certificate II in the same area.

The certificates represent hours and hours of work invested to complete six competencies in a course delivered by the school, through an arrangement with Geraldton's Central Regional TAFE.

They will now be safely filed away in the students' resume files. Students at Morawa DHS are now working to gain TAFE certificates in five different training streams.

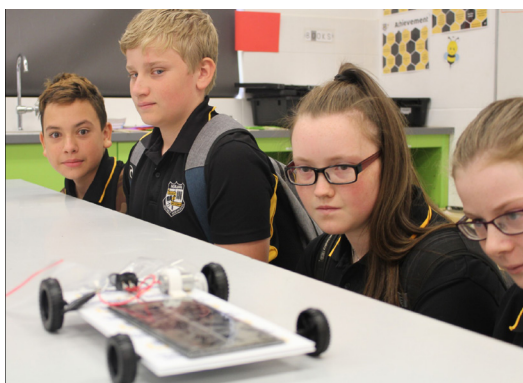


Sun Power run to Geraldton

A group of our Year 8 students travelled to Geraldton on Thursday 21 March to take part in the Mid-West heats of the Synergy Schools Solar Challenge. The challenge was held at Champion Bay Senior High School.

The students and their peers had been working in their STEM class with Mrs Solomon on solar car prototypes, and were delighted as each of their vehicles moved into motion as the result of sun power. Along with other Year 8 students they have spent weeks designing and building their practice prototypes.

Our four-student team chosen to go to Geraldton - Kaiden Smith, Darcie Tynan, Ariel Sauvarin and Selene Baughen - competed against groups from 18 other Mid-West schools. The team had to build their car from a standard kit of materials on race day to take part in the competition. Our MDHS team came 5th in competition, and the winning team will move on to the grand final to be held at Synergy Parkland in April. Huge thank you to Mrs Solomon for giving the students this great opportunity.



World of Maths Incursion

Students from years P-8 welcomed welcomed the unique traveling maths show 'World of Maths' to our school in Week 4. It provided students with an opportunity to engage in fun, colourful, hands-on, mathematical, problem solving activities. The program was designed to cater for all abilities.

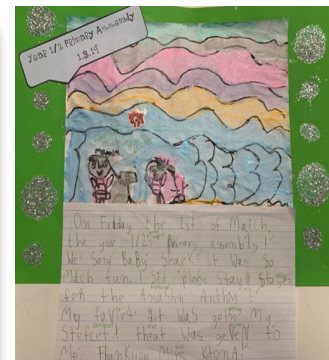
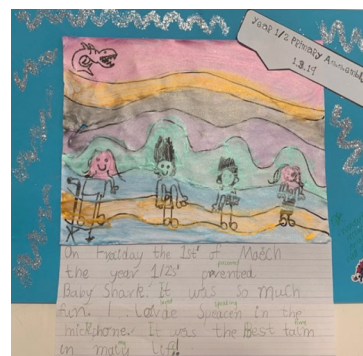


YEAR 1/2 ASSEMBLY

The year 1/2's have had a busy start to the year, hosting the first Primary Assembly for 2019.

We were very excited to perform the super catchy song, Baby Shark, recite a poem called Under the Sea, and of course speak into the microphone.

In STEM we designed our own T-shirt's, personalised with our name and a picture of a shark, ready to wear for our performance. Thank you to everyone who came to watch us perform! Here are a few of our recounts about our assembly...



Interhouse Swimming Carnival

The Interschool Swimming carnival was held at the Morawa Swimming Pool on Thu 21 March. Congratulations to our trophy & medal winners:

Year 1 Champion Girl- Anlaby Milloy

Year 1 Runner-up Girl-Milly Collins

Year 1 Champion Boy-Lincoln Coaker

Year 1 Runner-up Boy-Tarkyn Quartermaine

Year 2 Champion Girl-JOINT - Sophie Lawrence & Mikayla Scott

Year 2 Runner-up Girl-Sophie Wright

Year 2 Champion Boy-JOINT- Harvey Andrews & Wylie Chappel

Year 2 Runner-up Boy-Eli Hedlam

Year 3 Champion Girl- Anna Collins

Year 3 Runner-up Girl-Summer English

Year 3 Champion Boy-Billy Coaker

Year 3 Runner-up Boy-Seth Mills

Year 4 Champion Girl- Evie Chappel

Year 4 Runner-up Girl-Gabrielle Yewers

Year 4 Champion Boy-Keanu Hedlam



Year 4 Runner-up Boy-Caladyn Milloy
 Year 5 Champion Girl- Sophie Collins
 Year 5 Runner-up Girl-Rosetta Green
 Year 5 Champion Boy-Blayke Twomey
 Year 5 Runner-up Boy-Leroy Severtson
 Year 6 Champion Girl- Jamarah Walley
 Year 6 Runner-up Girl-Taysharne Thorne
 Year 6 Champion Boy-Jamie Cosgrove
 Year 6 Runner-up Boy-Matthew Olsen
 Year 7 Champion Girl- Danika Walker
 Year 7 Runner-up Girl-Katrina Clayton
 Year 7 Champion Boy-Jake Bestry
 Year 7 Runner-up Boy-James Olsen
 Year 8 Champion Girl- Bella Tomlinson
 Year 8 Runner-up Girl-Tealisha Taylor
 Year 8 Champion Boy-Wrey Haimona
 Year 8 Runner-up Boy-Kieran Egan
 Year 9 Champion Girl- Megan Letton
 Year 9 Runner-up Girl-Kyianie Mongoo
 Year 9 Champion Boy-Shannon Crutcher
 Year 9 Runner-up Boy-Ben Heathcote
 Year 10 Champion Girl- Jacinta Williamson (wacoam)
 Year 10 Champion Boy-Aidan Carruth (wacoam)
 Year 10 Runner-up Boy-Lachlan Matthews (wacoam)
 Year 11/12 Champion Girl- Hayley Clayton

Interschool swimming carnival

The Interschool Swimming carnival was held at the Carnamah Pool on Fri 29 March. Congratulations to our trophy & medal winners:

Year 3 Champion Boy-Billy Coaker
 Year 3 Runner-up Boy-Seth Mills
 Year 4 Champion Girl-Evie Chappel
 Year 6 Champion Boy-Jamie Cosgrove
 Year 6 Runner-up Girl-Jamarah Walley
 Year 7 Runner-up Boy-Jake Bestry
 Year 9 Champion Boy-Shannon Crutcher
 Year 11/12 Champion Girl-Hayley Clayton
 Year 11/12 Runner-up Girl- Danielle Letton

HANDICAP SHIELD:

1st Carnamah 872 points
 2nd Dongara 771 points
 3rd Morawa 731 points

OUTRIGHT SHIELD:

1st Carnamah 812 points 2nd Dongara 730 points
 3rd Morawa 623 points

Year 11/12 Runner-up Girl-Sarah Connelly (wacoam)

Year 11/12 Champion Boy-Liam Sharman (wacoam)

Year 11/12 Runner-up Boy-Keegan Baker (wacoam)

INTERHOUSE SHIELD:

1st Carnamah 872 points

2nd Ruby 683 points

3rd Emerald 510 points

GOLD MEDALLION:

Open 200m Freestyle Girl: Sarah Connelly (wacoam)

Open 200m Freestyle Boy: James Olsen (Ruby)

POST-COMPULSARY SHIELD:

1st Diamonds 112 points

2nd Agricola 81 points

3rd Cobweb 68



Spelling Bee 2019

The Spelling Bee Final was held on Tuesday 9 April.

All students from Year 1 to Year 9 participated by sitting a written test to determine the top six students in each year level. These six students then competed in an Oral Spelling Bee with the top three students going into their respective Final – i.e. the Junior Primary (Years 1-3), Senior Primary (Years 4-6) and the Middle School (Years 7-9).

Congratulations to the following students who were in the Final:

Junior Primary:

Year 1 - Anlaby Milloy, Milly Collins, Lincoln Coaker

Year 2 - Harvey Andrews, Aiyden O'Toole, Blake Appleton

Year 3 - Billy Coaker, Anna Collins, Seth Mills

Senior Primary:

Year 4 - Samantha Tomlinson, Evie Chappel, Charlie Harvey

Year 5 - Hailey O'Toole, Tyler Robinson, Blayke Twomey

Year 6 - Jamie Cosgrove, Jamarah Walley, Taysharn Thorne

Middle School:

Year 7 - Peta Humphreys, Jake Bestry, Lochey Hawkins

Year 8 - Isabella Tomlinson, Emily Traylen-Witt, Kaiden Smith

Year 9 - Alayah Hill, Shannon Crutcher, Sam McGlew

Congratulations to our champions ...

Billy Coaker – Primary Junior Spelling Bee Champion (Years 1-3)

Blayke Twomey – Primary Senior Spelling Bee Champion (Years 4-6)

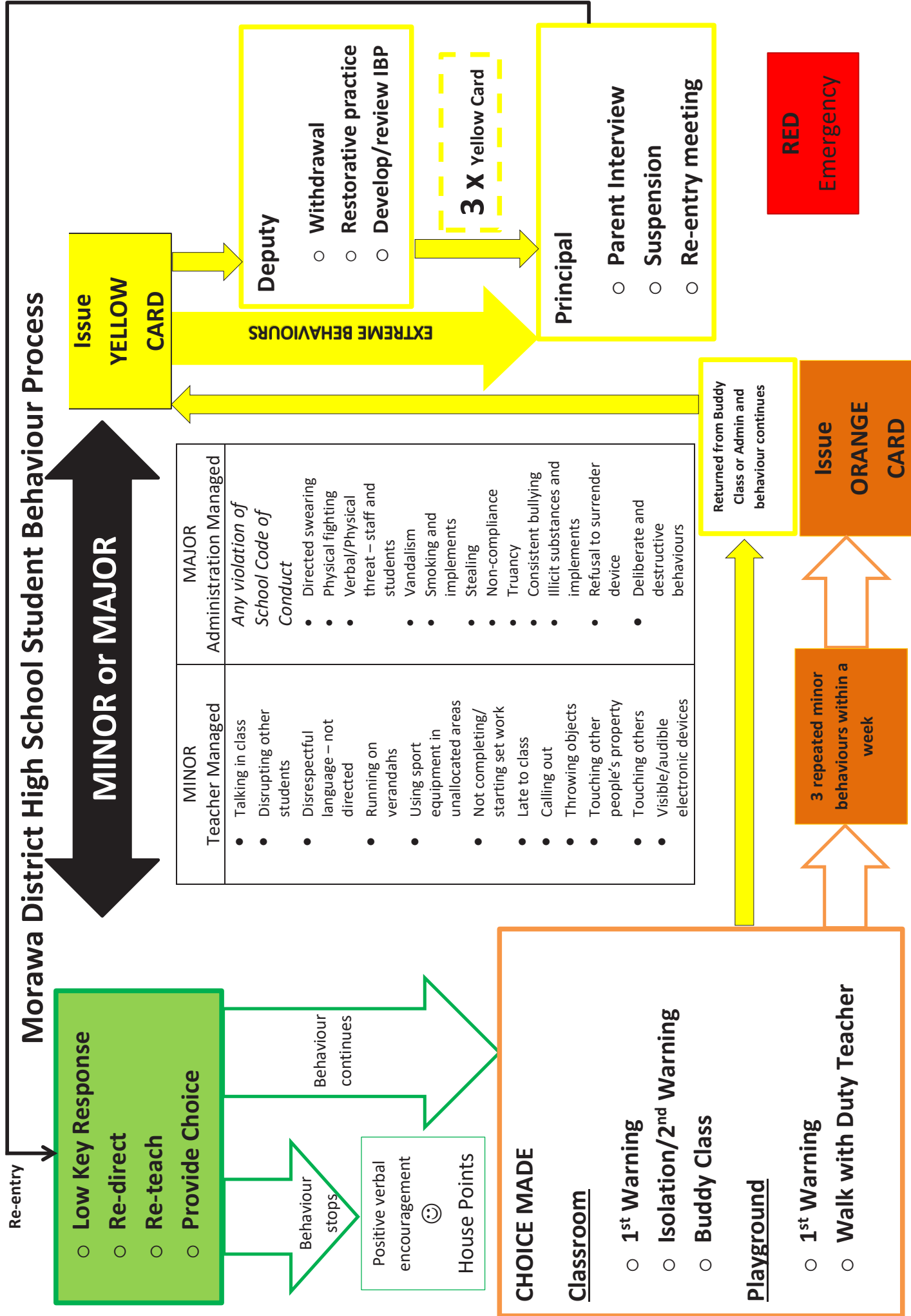
Peta Humphreys – Middle School Bee Champion (Years 7-9)

It was obvious that the finalists had worked hard to learn their word list and they can be very proud of their efforts.

Well done also, to all the students for their great participation in this year's Spelling Bee.

Wendy Glassford-Hill (Coordinator)





What is Mentor?

We are a group of volunteer university students who want to **empower** Rural & Remote primary school children to reach their **full potential.**



For 8 weeks this semester, we will be providing **one-on-one mentoring** to the year 5 and 6 students at Morawa District High School.

We mentor through an online platform, Learncube. It uses two-way audio, a webcam, a virtual whiteboard to draw, type and upload images or documents, and a chatbox. This semester, the students will be learning about **positive relationships** and **cyber-safety** through engaging and informative activities, based on the Western Australian school curriculum.

Our sessions will be every **Wednesday morning**, so you'll be able to ask the kids all about eMentor after school on Wednesdays! We hope that they are excited to come to school every Wednesday for their sessions and to see their **university student Mentor**. 😊



We can't wait to see the students grow throughout this program of eMentor!



If you have any questions, positive feedback, or any ideas about how we could better run the eMentor program to empower the students further or to better suit your community, please let us know! You can email us at ementor@teachlearngrow.org.au or call Cara Tobin on 0404 773 434.



insights

Help kids develop impulse control

by Michael Hawton



How many of you have been in a situation where, after being on a diet for a few days, a colleague comes to work selling chocolates for a fundraiser? Do you give in and buy a chocolate? It's for a good cause after all. Or do you resist?

Austrian psychologist Walter Mischel conducted an experiment in 1965 involving four-year-olds and marshmallows. Mischel invited individual children into a room where a marshmallow was on the table. The man who brought the child into the room explained that he had to step out for a couple of minutes and if the child wanted to, he or she could eat the marshmallow. However, if the child could wait until the man returned before eating the marshmallow, they would be given an extra marshmallow – so two instead of one. Sure enough, some children couldn't wait and ate the marshmallow before the man returned, while others were able to resist the temptation in order to earn the reward.

Mischel followed the subjects of his experiment into adult life. He discovered that those who had displayed the ability to delay gratification as young children grew to be more socially competent, self-assertive and dependable. And they performed better at school.

Other studies have shown similar results: individuals who had self-control when young later do better on a whole range of variables.

Mischel initially believed that the ability to delay gratification was a result of a certain personality type. However, in a subsequent study with Albert Bandura, Mischel placed children who had not shown the ability to delay gratification in contact with adult role models who demonstrated some delaying tactics. The adults engaged in some kind of self-distracting activity or put their heads down for a nap. The children who observed these adults later showed the ability to delay gratification themselves. That is, they had *learned* the ability to resist temptation from their experience with the adult role models.

Impulse control is a skill

The implications for parents are clear. If our children display characteristics such as impulsivity, we can help them learn more beneficial ways to deal with the world. Parents can role model the appropriate behaviours and talk to their children about the strategies they used.

Two main factors seem to influence the ability of both children and adults to delay gratification. Both are more likely to delay gratification if they trust they will eventually get the better reward. That is, they will be more inclined to hold out if they believe the person or organisation that is offering the reward is likely to follow through.

Second, people will generally only display delaying behaviours if they have the skills to turn what might be tedious waiting time into a more enjoyable (or at least tolerable) time. In the original experiment, children who delayed eating the marshmallow showed a range of behaviours including turning their chairs away from the table, singing, inventing games with their hands and feet and talking to themselves to help them pass the time.

Emotional intelligence is the key to impulse control

Parents can help younger children delay gratification by distracting them. Many parents find themselves doing this instinctively. When four-year-old Holly nags for snacks just before dinner, they give her a job to do. However, be aware that children younger than about four generally haven't yet developed the parts of the brain that allow them to delay gratification of their own accord.

Older children need to learn how to distract themselves by redirecting their emotions. This is more likely to happen if children understand that emotions don't always need to be acted upon. Older children who are able to focus on the bigger picture will be able make choices that allow them to achieve their goals.

In the book *Influencer*, the authors contend that many social skills, including the ability to delay gratification, can be learnt. This is good news for most of us! They maintain that while we accept that practice improves performance in sport, music and technical areas, few people would think to practice the skills needed to delay gratification, be a better team member or to negotiate with a boss. However the authors say we should. They claim that with the right kind of practice, we can all learn to be more socially competent.

Note: *Influencer* by Kerry Patterson, Joseph Grenny, David Maxfield, Ron McMillan and Al Switzler is available through [Parentshop](#).



An Independent Public School

Morawa District High School P & C Association

March 2019

Parents & Local Farmers
MORAWA WA 6623

Dear Parents & Local Farmers,

On behalf of Morawa District High School P & C Association Committee, Principal, staff and the students, I would personally like to take this opportunity to express our gratitude and thanks for your generous donations of grain to our P & C Association Committee.

It is outstanding individuals such as yourself, that reinforce the value of our school, the students, staff and community. Your commitment to our school makes a major difference to what the P & C can provide.

With funds raised from the donations, the school is planning to create a recreational space for secondary students, continue to develop the nature play space for primary students, and purchase a covered trailer for school camps.

Yours faithfully,

On behalf of
MDHS P&C President
(Teneke English - Secretary)

Morawa District High School ABN: 38 554 770 670 Gill Street, Morawa PO Box 13, Morawa WA 6623
T: 9971 0900 F: 9971 1358 E: Morawa.DHS@education.wa.edu.au W: morwadistricthighschool.com

92% -100% Attendance Reward Draw Winners For Term 1

PRIMARY WINNERS

Gabrielle Yewers
Rosetta Green
Mikylah Hughes
Caladyn Milloy
Leroy Severtson

SECONDARY WINNERS

Emily Traylin Witt
Audrey Addison
Katrina Clayton
Kayla Campbell
Aimee McGlew



100% Attendance winners-
PRIMARY



100% Attendance winners-
SECONDARY



WEEK	MON	TUES	WED	THURS	FRI	SAT/SUN
10	April 8	9	10	11	12 ANZAC Day Final Assembly	13/14

SCHOOL HOLIDAYS START 13 APRIL
STUDENTS RETURN MONDAY 29 APRIL

1	29 Term 2 Begins Students return	30	May 1 eMentoring 9am	2	3	4/5
2	6	7	8	9	10	11/12
3	13 NAPLAN	14	15	16	17	18/19

2019 Term Dates	Term 1	Term 2	Term 3	Term 4
Start	Mon 4 Feb	Mon 29 Apr	Mon 22 Jul	Tues 15 Oct
Pupil free days	Mon 4 Mar	Mon 3 Jun	Wed 14 Aug	
	Fri 22 Mar			
Finish	Fri 12 Apr	Fri 5 Jul	Fri 27 Sep	Thur 19 Dec

Grounds and Security: Parents are asked to remind students that the school grounds are out of bounds out of school hours. In the event of vandalism, please report to School Watch on 1800 177 777 or the local Police on 99 601 666.

MORAWA DISTRICT HIGH SCHOOL BUSINESS PLAN 2016-18

Vision

Morawa District High School is held in high esteem and considered as the region's high school of choice, providing a strong and sustainable education for the students, families and communities in the district.

Mission

Morawa District High School is an Independent Public School which shares a commitment with parents and the community to provide a safe, stimulating and differentiated learning environment, encouraging all students to be fully engaged and motivated to excel.