



An Independent Public School

Morawa District High School

NEWSLETTER

Issue 4, September 2020



Tonia Carslake

From the Principal

We have had a fabulous Term 3 so far. Staff started the term well with a **Professional Development Day** focusing on the professional learning teams and professional practice according to the AITSL Standards for Teachers. This provides an opportunity for staff to reflect on best practice and what it looks like for their personal teaching practice and how that impacts on student progress and achievement.

The **Interschool Cross-Country** was held on Friday 31 July in Eneabba. It was beautiful weather and we were very proud of our students who represented the school on the day. Congratulations to the Morawa DHS superstars. The results were as follows:

1st - Anna Collins

2nd- Tanna Parker, Bella Tomlinson & Katrina Clayton

3rd - Kim Bickford

Thank you to Miss Pearson, Ms Jones and the parents who supported this event. Please see the newsletter for full results.

Year 7 Kalbarri Campers - Our lucky Year 7's enjoyed some beautiful weather in Kalbarri whilst whale watching and canoeing along the river. Thank you to those staff, parents and community members who supported our students fundraising to attend this camp. Thankyou also Mrs Tomlinson, Miss Pearson, Miss Dickins and Mr Darren Yewers for attending the camp and making this wonderful experience possible for our students.

Year 7 Transition for 2021 – We were very excited to welcome many Year 6 students from surrounding primary schools and further away in our district, to our first day of Year 7 Transition for 2021 on August 12. This was a fantastic opportunity for prospective students and those students continuing their education at Morawa DHS, to come together to experience life as high school students. Students had the opportunity to tour the school, see classes in action and meet their future teachers.

At Morawa DHS we aim to make the transition from primary school as smooth and enjoyable as possible. We believe the planned structure of our program for Year 7 students enables them to develop sustained relationships with a minimal number of teachers. The Year 7 students at Morawa DHS

are introduced to new and more demanding mathematical concepts including formal algebra and geometry, and will study Biology and Physical Sciences and advanced concepts in English and HASS, promoting higher order thinking skills. Students have access to a diverse range of practical and creative learning experiences such as STEM, Information and Digital Technologies, Visual Arts, Music, Food Science, Woodwork and Metalwork. Morawa DHS staff work hard to provide exciting opportunities for each and every child.

We look forward to seeing everyone back for Day 2 of the Transition Program on September 16. Students will participate in a range of lessons and go on an excursion to Koolanooka Springs. For more information, please contact the school office.

Open Night - It's been a busy term of promoting our wonderful school. Thank you to the parents, students, families and community members who attended our Annual Open Night. What a beautiful family night at Morawa DHS it was! Staff and students got to share all their hard work with family and friends. Lots of music with the Junior and Senior Bands, Choir, Pop Band, Rock Band, and the Beatbox Battle - a real highlight! Art, ice cream, classroom activities, science demonstrations, math calculations, student work on display, freshly cooked hamburgers - the works! Thank you to everyone who helped organise the night.

It was a wonderful evening highlighting the fabulous things students have been learning and involved in as well as showcasing our fabulous school.

We would really appreciate your feedback about this event. I have sent you an invitation to complete an online Open Night Survey that you will find by clicking on the below link. Your feedback is important to us so we can continue to improve.

Public Link to the Open Night survey in Microsoft Forms.

<https://forms.office.com/Pages/ResponsePage.aspx?id=-RaA4P3Ru0yDsLdutDYWJ5s4RcXRRxRDmzPKX0GkbthUQkxWVVYyN1BPSUwyMUUyRIE0UIZDNERaMy4u>

INTERHOUSE ATHLETICS CARNIVAL - Congratulations to all the competitors from Morawa DHS and WACoA - Morawa, that attended the Interhouse Athletics Carnival on August 28 at the Morawa Town Oval. It was a wonderful day of good sportsmanship and competition. Ruby won the House Shield and the District Diamonds took out the Senior School shield. Congratulations to all Champions and Runner-up Champions on the day. Thank you to Mrs Haylie Cosgrove, P&C President and Mr Brad Collins, P&C Sports Rep, and their fabulous P&C and everyone else involved for the outstanding set up and organisation of the day, together with Miss Jane

Pearson, Mr Thomas Zwaan and all teachers who prepared the students for this day. Thank you also to all the parents, families and friends that came along and supported the students - you helped make it a memorable day out!

The Interschool Athletics Team will be competing at the Interschool Carnival on Friday 11 September. Congratulations to all students who made the team. We wish them well and look forward to the day.

OLNA - OLNA Activities

Year 9, 10, 11 and 12 students had the opportunity to meet the literacy and numeracy requirements for WACE graduation over the past few weeks of OLNA activities. This is the first time this has been offered to year 9 students, in place of NAPLAN. The test sessions are particularly important to Year 12 students who must make sure they pass the Reading, Writing and Numeracy assessments to ensure they graduate with a WACE Certificate next term.

National Tree Day- Pre-primary-Year 8 students participated in National Tree Day and planted trees around our school. A great activity to warm them up on the chilly morning we had!

Thank you to Landcare & the Yarra Yarra Catchment Group who kindly donated the trees.

Senator Dean Smiths' Visit - Dreams and Self Belief. Morawa DHS proudly hosted Senator Dean Smith on the 4 August. Senator Smith has been a member of the Australian Senate since 2012, representing Western Australia. He introduced the Marriage Amendment Bill 2017 to the Senate and was appointed the Whip in the Senate in January 2019. He spoke passionately to the students about following your dreams and having belief in yourself, demonstrating to students what can be achieved when you have a dream and work towards it. Staff and students enjoyed getting to know one of our Western Australian Senators a little better. A big thank you to our Shire President, Karen Chappel for helping organise the visit.

Youth Focus- We are very pleased to host the Youth Focus ipad for youth counselling service at the Morawa District High School on Fridays. Students will be provided a private space in the administration office to attend online sessions with a web counsellor.

Staff and parents can refer students to this service, as can individual students with parental consent. Referral forms are obtained through the school office or myself. Youth Focus acknowledges Aboriginal and Torres Strait Islander people as the traditional custodians of country throughout Australia, and are committed to embracing diversity and eliminating all forms of discrimination in the provision of mental health services. We welcome all people irrespective of ethnicity, lifestyle choice, faith, sexual orientation, ability and gender identity.

If you have any queries please do not hesitate to contact me.

Cyber Safety - You may have seen media coverage over the last couple of weeks regarding a Western Australian Police investigation that has uncovered a series of online grooming offences against young people in the wider community.

Charges of this nature are unsettling and we want to make sure that all parents/carers remain aware of the importance of cyber safety. I also want to reassure you that there is no indication that any of these grooming offences have taken place at a school.

I know you are best placed to talk to your children about cyber safety and there are many resources to help guide you through this on the Department of Education website. Other online resources are available on the eSafety Commissioner website.

This story may lead to children being more aware of these types of offences and wanting to disclose information. The Department's parent helpline, 1800 882 345, is available for you to call if you have any questions or concerns, and is staffed by psychologists, child protection officers and principals. The phone line is available from 8.00am to 4.00pm Monday to Friday.

If you have any general concerns or questions, please do not hesitate to contact me on 99712500.

Attendance

We aim to get all students at school for 90% of the time, or better, as this is what is classified as 'regular' attendance. This year, including this term, has been challenging due to COVID-19 and the usual common colds and flus. As a result, many students have not attended each day. Thank you for your support in keeping your children home if they are unwell. However, it is a requirement for parents to explain all absences and currently we have many 'unexplained absences' for the term. Please contact the school to update your child's attendance records if you have not done so already.

I would like to extend my sincere and ongoing thanks to local businesses for supporting the 'Keeping Kids in School' program by declining to serve students who do not have permission to be off school grounds during school hours.

'Wild West' School Ball - The Morawa District High School and the Western Australian College of Agriculture Morawa annual School Ball is being held on Saturday 19 September at the Morawa Town Hall. Tickets are now on sale for the 'Wild West' School Ball for \$35 each and are available for purchase from the Morawa DHS or WA College of Ag front office.

This is a special event on the school calendar, especially for our Year 12 students. Formal attire is required in the form of dress pants, shirt and tie or a suit for the boys and a cocktail dress or full length gown for the girls. Students need to ensure they have complied with the school's Code of Conduct and must be **"of good standing"**, to attend the ball.

The Ball begins at **7.00pm and finishes at 11.00pm**. Formal photographs will be taken throughout the evening and a photo booth has been hired. We kindly request that family members and friends refrain from entering the main hall during the night and to please drop off and pick up their children at the appropriate times. Due to Duty of Care issues, students will not be allowed to leave the hall during the evening without a guardian. Thank you for your cooperation in regards to this matter.

Students wishing to bring a partner who does not attend Morawa DHS will also need to complete the School Ball Contract and have their partner approved by school administration. Contracts can be obtained from the Morawa DHS office.

Morawa District High School and the Western Australian College of Agriculture Morawa, encourage parents and guardians not to support or host after ball parties. These have



had serious negative consequences in the past.

Last year's Ball was an outstanding success. We look forward to the staff, students and parents working together and supporting each other to ensure that this year's Ball is a very successful event.

Staffing and Planning for 2021 – We are in the process of planning for 2021. Parents of children in Kindergarten next year are asked to enrol their children as soon as possible so that we are able to contact you with regards to transition next term. Please refer to the new immunisation policy requirements in the newsletter regarding enrolments.

Student enrolments assist with our planning of classes next year. On that note, if there is a change in your circumstance for your children next year and they will not be attending Morawa DHS please let the front office know. Many thanks for your assistance.

VACSWIM- Swimming lessons - Early Start 7 day program runs from the 18 Dec-24 Dec 2020.

For more information and to enrol your children please click this link:

<https://www.education.wa.edu.au/programs-and-locations>

Kind regards,

Tonia Carslake, Principal

YEAR 7 KALBARRI CAMP

Bird Park



Fishing on the jetty



Canoeing



Nature's window



Skywalk



Whale watching



Dinner @ Dirt, Dust N Diesel



PRIMARY MATTERS

For the last few weeks, primary students could be seen training most mornings for the athletics carnival. This included getting ready for team games, relays, running and flag race. Students practiced jumps in physical education classes. All students are to be congratulated on the effort put into every event they entered at the Interhouse Athletics carnival – it was wonderful to see.

At Open Night it was great to see so many parents visit the primary classes. We were very proud to show the work that each class has been doing and I'm sure all parents were as equally proud of the work produced by their child/children.

Earlier on this term, all students produced amazing Information Reports and hopefully parents were able to view these in classes on Open Night. The standard of the reports from all classes was very high and it was wonderful to see students so proud of their work.

In Week 5, the Year 5/6 class ran the primary assembly and we were entertained by their item about identifying and acknowledging different emotions. Our next assembly is in Week 9 and will be run by the Year 1/2 class.

Just a reminder to do a weekly check for head lice please. We have had several cases of this recently so everyone needs to be vigilant in an effort to stop the spread. Thank you in anticipation of your support.

Finally, I encourage all parents to be in constant communication with teachers if there are any concerns, so that together we can provide the necessary support.

With the upcoming school holiday.....I wish everyone a safe and happy time.

Wendy Glassford-Hill, Acting Primary Deputy

YEAR 5/6 ASSEMBLY



TREE PLANTING



SENATOR DEAN SMITH'S VISIT



PRIMARY REPORT READING



INTER-SCHOOL CROSS COUNTRY



Morawa Students placed in top 10 for their age group.

Wylie Chappel	9th	Boys	8 years	1000m
Cameron Councillor	7th	Boys	9 years	1500m
Anna Collins	1st	Girls	9 years	1500m
Leona Chipper	8th	Girls	11 years	2000m
Sophie Collins	10th	Girls	11 years	2000m
Cameron Tomlinson	7th	Boys	12 years	2000m
Tanna Parker	2nd	Girls	12 years	2000m
Kim Bickford	3rd	Boys	13 years	2000m
Katrina Clayton	2nd	Girls	13 years	2000m
Bella Tomlinson	2nd	Girls	14 years	2500m
Corin Campbell	9th	Boys	15 years	2500m

JEANS FOR GENES DAY



2021 YEAR 7'S TRANSITION DAY



INTER-HOUSE ATHLETICS CARNIVAL

Year		Champion	Runner-up
PP	Girls	Ellie Collins S	Lacey Coaker R
	Boys	Nate Mills S	Billy English R
Yr 1	Girls	Asha Haeusler R	Violet Andrew S
	Boys	Harley Carpenter R	Harleigh Latham E
Yr 2	Girls	Anlaby Milloy E	Milly Collins S
	Boys	Lincoln Coaker R	Ryland Haydon E
Yr 3	Girls	Mikayla Scott E	Savannah Simpson E
	Boys	Nash Forbes E	Wylie Chappel S
Yr 4	Girls	Anna Collins S	Summer English R
	Boys	Billy Coaker R	Harry Cosgrove E
		Cameron Councillor S	
Yr 5	Girls	Cheryl Chipper R	Evie Chappel S
	Boys	Caladyn Milloy E	Darcy Hutchinson R
Yr 6	Girls	Charli Forbes E	Sophie Collins S
	Boys	Blayke Twomey R	Leroy Severtson S
Yr 7	Girls	Tanna Parker E	Danielle Warrell R
	Boys	Jack Dawson E	Cameron Tomlinson R
Yr 8	Girls	Katrina Clayton R	Danika Walker S
	Boys	Samuel Councillor S	Kim Bickford S
Yr 9	Girls	Bella Tomlinson R	Emily Traylen-Witt S
	Boys	Wrey Haimona R	Corin Campbell S
Yr 10	Girls	Megan Letton Ag	Ann Jacobs Ag
	Boys	Joshua Counsel Ag	Caleb Hawkins R
Yr11/12	Girls	Hayley Clayton DD	Nellie Humphries DD
	Boys	Kane Smallwood Ag	Jacob Traylen-Witt DD

House Shield

1st	Ruby
2nd	Sapphire
3rd	Emerald

Post Compulsory Shield

1st	District Diamonds
2nd	Agricultural College



400m Primary Girls

1st	Charli Forbes E
2nd	Sophie Collins S
3rd	Cheryl Chipper R

400m Primary Boys

1st	Blayke Twomey R
2nd	Leroy Severtson S
3rd	Harry Cosgrove E

400m Secondary Girls

1st	Bella Tomlinson R
2nd	Danielle Warrell R
3rd	Tanna Parker E

400m Secondary Boys

1st	Rowan Ward Ag
2nd	Jack Dawson E
3rd	Dylan Benson S

800m Girls

1st	Cheryl Chipper R
2nd	Leona Chipper R

800m Boys

1st	Blayke Twomey R
2nd	Cameron Councillor S
3rd	Caladyn Milloy E

1500m Girls

1st	Tanna Parker E
2nd	Bella Tomlinson R
3rd	Katrina Clayton R

1500m Boys

1st	Rowan Ward Ag
2nd	Kim Bickford S
3rd	Jacob Traylen-Witt DD



OPEN NIGHT



FOODBANK WA FOOD SENSATIONS

On Wednesday 9 September we were fortunate to have qualified nutritionists and dietitians visit the school to deliver The Food Sensations program.

The Year 3/4, 5/6 and 7 classes attended as well as selected students from Years 8-10.

This incursion enabled the students to learn about healthy eating and nutrition through fun activities and work in teams to cook a delicious healthy meal to share with the class. Students got to take home a range of resources, including their very own recipe book!



BOOK WEEK - WEEK 2, TERM 4



We will be holding our traditional dress up day for **Book Week on Thursday, 22 October at 9am in the Performing Arts room**. The Children's Book Council of Australia theme for Book Week this year is "Curious Creatures, Wild Minds". Students may dress up as their favourite story book character.

We look forward to having all children from **Kindergarten to Year 6** participate in this fun activity. The most creative Story Book Character in each class will receive a prize.

Packed with Goodness

We are running a free, fun and engaging nutrition session for parents.

Packing a healthy lunchbox fuels kids for their best possible day at school and helps form healthy habits.

When: Thursday 22 October

Time: 10am (Straight after the Book Week Dress-up parade)

Where: Morawa DHS Library

It is a 90 minute session and covers the following topics:

- the importance of fruit and vegies for kids
- tips for packing a healthy lunchbox
- healthy alternatives to pre-packaged snacks
- label reading
- the best drink choices for kids



Each parent will receive a **FREE resource kit to take home**, packed with information and goodies to get started.

DOOR PRIZE – be there to be in the chance to WIN an apple slinky machine!



TRIPLE P - POSITIVE PARENTING PROGRAM



Department of
Education

Register for your free seminar

Triple P - Positive Parenting Program

Get support, information and tips to
give your child the best start in life.

Triple P gives you simple, practical strategies
to help you raise happy and confident children.
Attend a free session near you, or talk to your
school about how they can provide a free
seminar for your school community.



Children thrive when they are raised in a nurturing environment

The early years are so important. Triple P
gives mums and dads ideas on how to help
their child develop the skills and behaviours
they need for a healthy childhood.

Learn proven strategies from trained facilitators to:

- raise happy, confident children
- manage misbehaviour so everyone in the family enjoys life
- set rules and routines that everyone respects
- encourage behaviour you like
- take care of yourself as a parent.

Find a free session near you

Seminar 1, 'The Power of Positive Parenting', is provided **free of charge** to parents of children across Western Australia, thanks to the support of the State Government.

Take advantage of this incredible opportunity.

Find a seminar near you at education.wa.edu.au/triplep

Further **free** seminars and discussion groups are available for parents of young children and teenagers. If you prefer, you can register for Triple P Online (a fee applies).



Attend a session at your school

We support all public schools to host free Triple P seminars at their school, a Child and Parent Centre or other community venue, so that every Western Australian family has the opportunity to benefit from this positive parenting program.

Talk to your school about how they can host a free Triple P seminar for your community.



Register
now

education.wa.edu.au/triplep

Triple P Online is also available.

WHAT'S IN THE COURSE?

Triple P online is suitable for all parents. There is a junior and teen version. This is the toolkit you'll rely on for years to come. Adapt the techniques to help you through all kinds of situations. With all these positive parenting strategies, you'll be set for a lifetime of raising kids. Please find more information at their website: <https://www.triplep-parenting.net.au/au-uken/find-help/triple-p-online/>

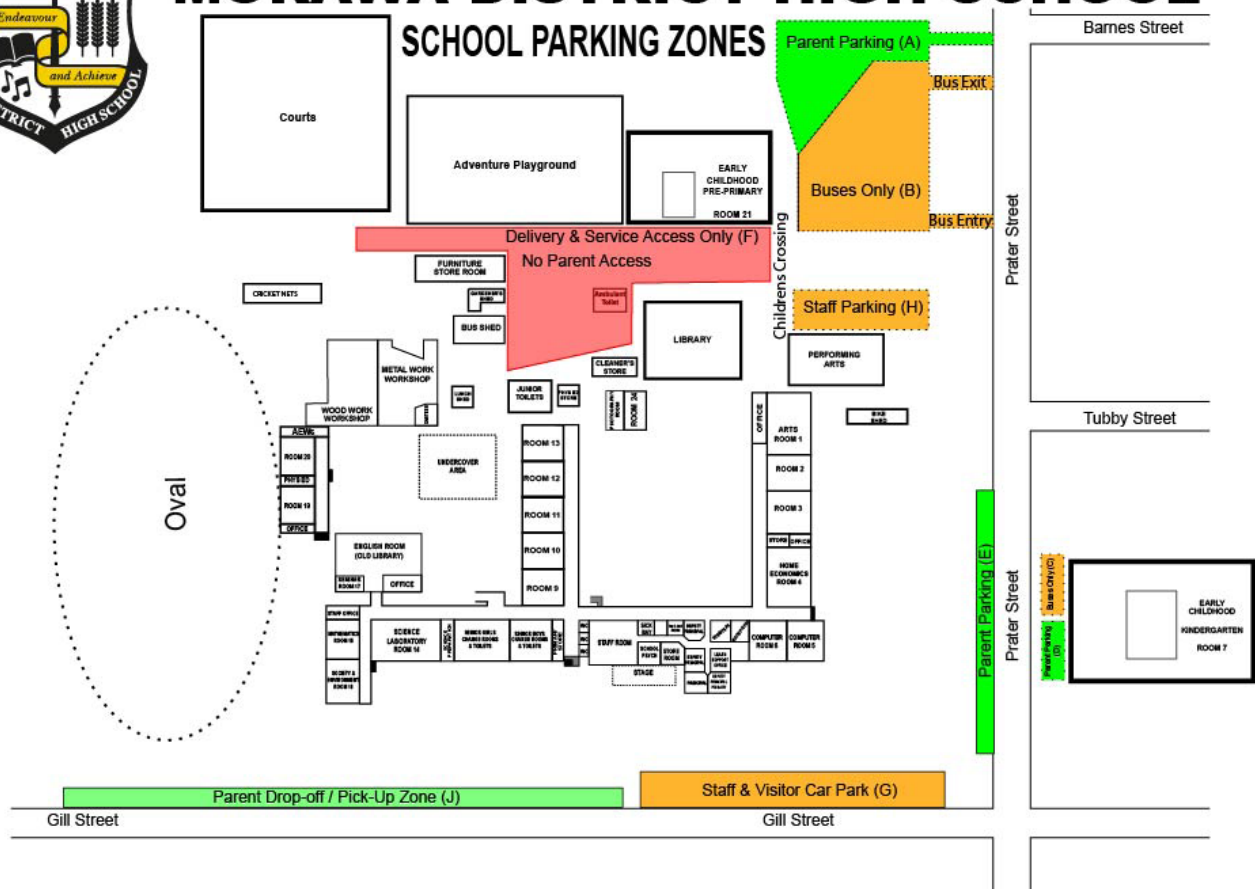
It costs \$79.95 and parents will need a device, internet connection and basic English-language literacy*. A new module was added 'Positive Parenting During COVID-19'. This contains an excellent 15-minute video, which clearly outlines some simple tips and strategies for parents and a tip sheet.

*There are current negotiations for the limited provision of free access codes for the Triple P Online course. Please contact the school or our School Psychologist Shirley, Ming Lui Kwok at ming.kwok@education.wa.edu.au for more information or if you wish to apply for the free access code.

SCHOOL PARKING ZONES



MORAWA DISTRICT HIGH SCHOOL



In order for students to move safely and reduce the risk of accidents around the school grounds, there have been some modifications to parent/visitor school parking, drop off and pick up zones as outlined on the School Parking Zones Map.

(A) This parking zone can be accessed via the entrance opposite Barnes Street. Students will access the zone using the Children's Crossing as marked on the map.

(F) Please note this area is for deliveries and service vehicles only. This is a high traffic area for our students and parents/visitors are not to access this area to drop off and pick up students.

(H) This area has been re-zoned Staff Parking Only to limit the risk to students arriving and leaving the school grounds.

We look to your support to follow the parking rules and to exercise care when accessing the school grounds to ensure the safety of our students.





HEALTHY FOOD GUIDE

FACTSHEET

HEALTHY FOOD AND DRINK CHOICES

The school day is busy, filled with learning, concentration and physical activity. Healthy food fuels your children's bodies and gives them the energy and nutrients to get through the day.

Follow these simple steps to ensure your children keep energised throughout the day →

1. Eat a healthy breakfast.
2. Eat plenty of fruit and vegetables.
3. Have two to three serves of dairy (reduced fat milk, cheese and yoghurt) to meet daily calcium needs.
4. Drink lots of water, the best thirst quencher.
5. Eat readily available healthy snacks as needed.

GREEN

FILL LUNCHBOX



Breads	A variety of bread types.
Grains	Wholegrain cereals, pasta, noodles and rice.
Vegetables	Vegetables and salads with reduced fat dressing.
Fruit	Fresh, frozen and tinned fruit in natural juices.
Legumes	Tinned and cooked legumes, for example bean mix and kidney beans.
Reduced fat dairy items	Reduced fat milk (plain and flavoured), reduced fat yoghurt (fresh and frozen, plain and fruit) and low fat cheese.
Sandwich fillings	All lean meats, chicken (no skin), fish such as tuna, salmon and sardines.
Hot food	Toasted sandwiches and hot rolls, baked potatoes, rice, soups, toast.
Snacks	Yoghurt (reduced fat fresh and frozen, plain and fruit), scones, raisin and fruit toast.
Drinks	Water, and plain mineral water, reduced fat flavoured milk (375ml milk or less)

Place this on your fridge for lunchbox and healthy recipe ideas.

AMBER

SELECT CAREFULLY



Breakfast cereals	Refined cereals with added sugar.
Full fat dairy foods	Milk, custard, dairy desserts, cheese.
Savoury foods	Oven baked fish, chicken, potatoes.
Snack food bars	Breakfast, cereal, fruit bars.
Fruit	Dried Fruit.
Savoury snacks	Flavoured popcorn, rice crackers.
Drinks	Fruit juice that is 99% fruit juice (250ml or less).

RED

OFF THE MENU



Sugar and artificially sweetened drinks	Soft drinks, artificially sweetened soft drinks, energy drinks, cordials, sports drinks, flavoured mineral waters, high caffeine and guarana.
Confectionery	All types, caramelised popcorn.
Pastry items	All types such as eclairs, cream puffs and strudels.
Sandwich fillings	All types of high fat meats such as polony/salami, honey, jam, chocolate spreads and confectionery sprinkles.
Deep fried foods	All types.
Savoury snacks	Crisps and chips.
Frozen treats	Chocolate coated and ice-creams.
Sweet treats	Croissants, doughnuts, cream filled buns, cakes, pastries and slices.



Morawa Playgroup

Welcomes you to a

Family BBQ



Bring your kids, dad, mum, grandma's, grandads, uncles and aunties on

Wednesday 23rd of September 2020

From 4pm to 7pm. Pre Primary building on Prater street.

Free event and all food provided

Contact Ashleigh Ketteringham 0428593571 or
Nadine Payne 0429421774 for more information

MORAWA SWIMMING POOL

OPENING

SATURDAY OCTOBER 17

Apply now to enrol your child in Kindergarten.

If your child is four years old by 30 June 2021 you can apply to enrol them in Kindergarten for 2021.

Contact your public school or community kindergarten by 24 July 2020 to apply.

At the time of enrolment your child will need to have an 'up to date' AIR immunisation history statement.

Every day of a child's education matters.



To find a public school in your area visit
education.wa.edu.au/schoolsonline

A NOTE FROM THE COMMUNITY HEALTH NURSE

My name is Kathryn Anthony. I am the Community Health Nurse who visits your school.

Community Health Nurses work in schools to promote healthy development and wellbeing so students may reach their full potential. A major part of our work is focused on early intervention and the School Entry Health Assessment program.

Community Health Nurses serve as a health contact point for children and their families, providing information, assessment, health counselling and referral. The services provided are free and confidential.



If you have a concern about your child's health or development, please contact me on **9927 0200** or via email on **kathryn.anthony@health.wa.gov.au**

Grounds and Security: Parents are asked to remind students that the school grounds are out of bounds out of school hours. In the event of vandalism, please report to School Watch on 1800 177 777 or the local Police on 99 601 666.

MORAWA DISTRICT HIGH SCHOOL BUSINESS PLAN 2019-21

Vision

Growing good people

Positive Behaviour Support Expectations:

Respect - We treat others with consideration and respect.

Responsibility - We are accountable for our own actions, resolving differences in constructive, peaceful ways; we contribute to society and we take care of the environment.

Achievement - We have high expectations of students and staff and endeavour to achieve our best.

School Priorities

PRIORITY 1: Success for all students

PRIORITY 2: High quality teaching

PRIORITY 3: Effective leadership

PRIORITY 4: Strong governance and support



Phone: (08)9971 2500 Email: morawa.DHS@education.wa.edu.au Office hours: 8.30am - 3.30pm